



Choose VA

VA Health Care Eligibility

Myth Busters

MYTH: I didn't serve in combat and I wasn't injured during my military service, so I won't be eligible for VA health care.

FACT: You don't have to be a combat Veteran, or have been injured during your military service, to be eligible for VA health care. This is why we encourage all Veterans to apply for VA health care.



MYTH: I already have my own health insurance and a community provider, so there's no reason for me to apply for VA health care.

FACT: You don't have to give up your health insurance or current providers when you apply for VA health care. VA and community providers frequently work together to ensure a Veteran's health and wellbeing. This is called Co-Managed Care. VA health care can also provide an important safety net later in life. Why not apply now, so you don't have to worry about it later?



MYTH: I'm a woman, and the VA is for men. They won't "get" me.

FACT: Many women who have served don't self-identify as a Veteran. If you served, you are a Veteran. And the VA is here to serve you, with a Women Veterans Health Program designed to meet your unique needs, from primary care to specialized care for chronic conditions or reproductive health.

MYTH: I don't need VA health care—I'm healthy and I feel fine.

FACT: You don't have to be sick, been injured during military service or have a chronic condition to apply for VA health care. In addition to providing a full range of health care services, the VA specializes in providing the primary care that is important for any age. **In the future, should you have an accident, develop a condition or suffer something debilitating, like a stroke, you and your family will have peace of mind knowing that you are already enrolled for VA health care.**

MYTH: There are other Veterans out there who need help more than I do. I should leave my spot open for them.

FACT: You can actually benefit your fellow Veterans by using VA health care. An increase in the number of Veterans served will result in increased funding for important VA programs and services that benefit all Veterans.



Choose VA: Apply Today!
Scan with a QR Code
Reader to learn more.

You can also visit va.gov or call 1-855-976-9618.



U.S. Department of Veterans Affairs
Veterans Health Administration
VA Maryland Health Care System