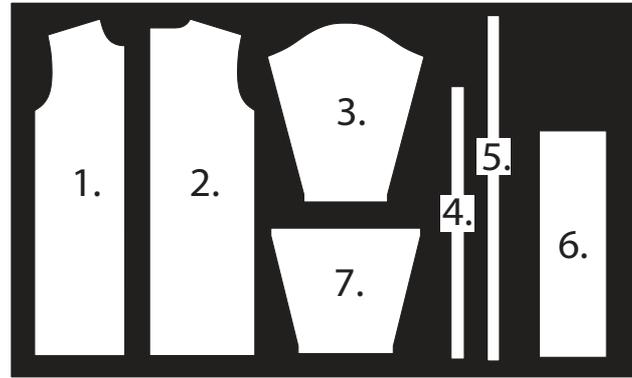
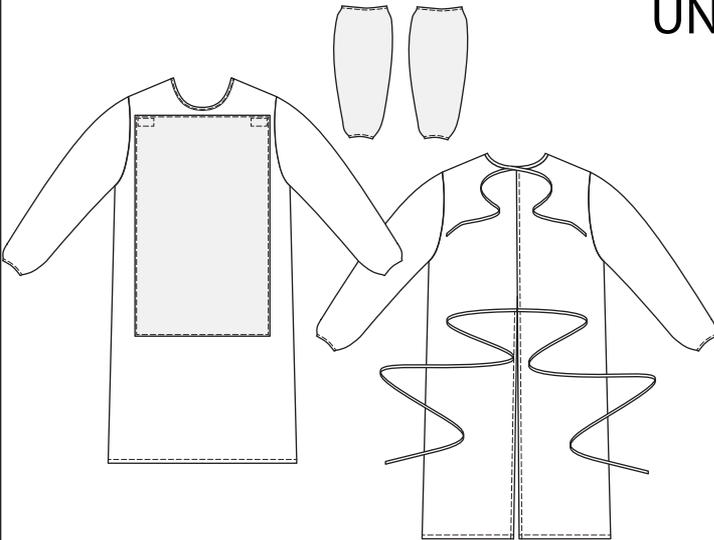


UNISEX ISOLATION GOWN, BIB & ARM GAITER PATTERN

Unisex Sizes: M-L-XL-2XL



1. Gown Front
2. Gown Back
3. Gown Sleeve
4. Gown Optional Waist Ties
5. Gown Optional Neck Binding and Ties
6. Bib
7. Arm Gaiter

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For Gown, use pieces 1 through 5.
 For Bib, use piece 6.
 For Gaiters, use piece 7.

DESCRIPTION: Knee-length gown is loose fitting with elastic in casing at sleeve bottom edge. Neck edge is finished with binding that extends into ties at center back neck. Ties at center back waist are long enough to wrap around and tie in front. Center back ties and neck binding can be either be made with self fabric or Double-Fold Bias Tape. Center back and bottom edges are finished with double-fold hems. Bib attaches to front with hook & loop tape. Arm gaiters fit over sleeves and top and bottom edges have elastic in casing.

SUGGESTED FABRICS:

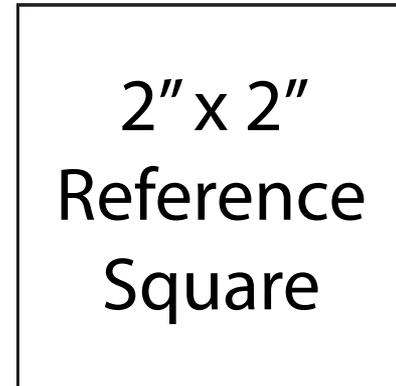
Gown is designed for tightly woven repellent materials. Can use cotton or cotton/poly blends.
 Bib and Arm Gaiters are to be made from impervious fabrics that wash & will not allow fluids to pass through.

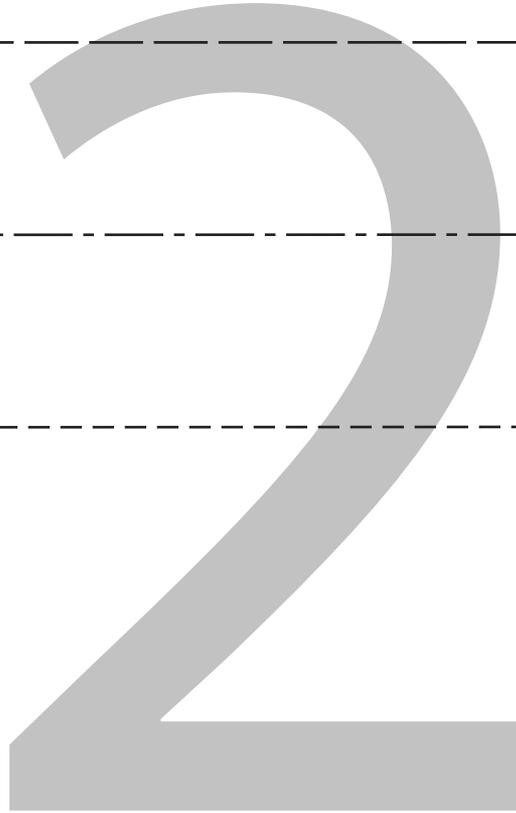
GOWN AND GAITER FINISHED DIMENSIONS

Size	M	L	XL	2XL
Chest Circumference	49"	53"	57"	61"
Length	44"	45 1/2"	47"	48 1/2"
Gaiter Length	14"	14"	15"	15"

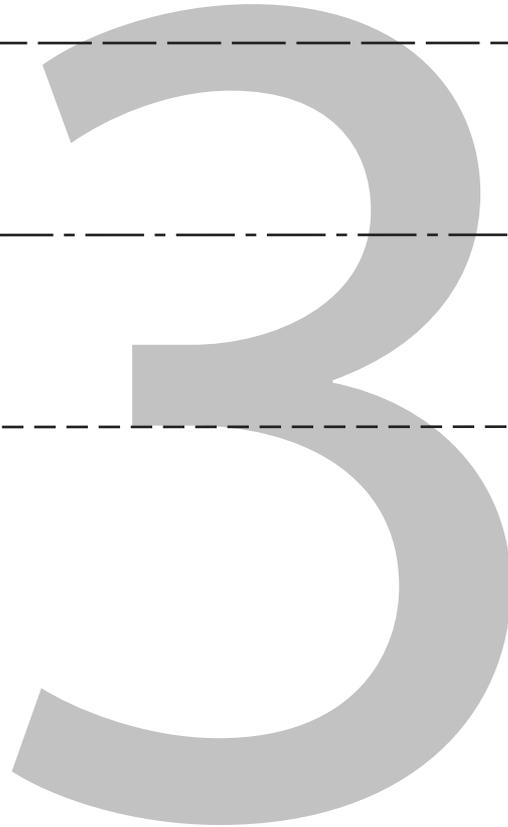
BIB FINISHED DIMENSIONS

Sizes S & M - 15"W x 26"H, Sizes XL & 2XL - 17"W x 28"H

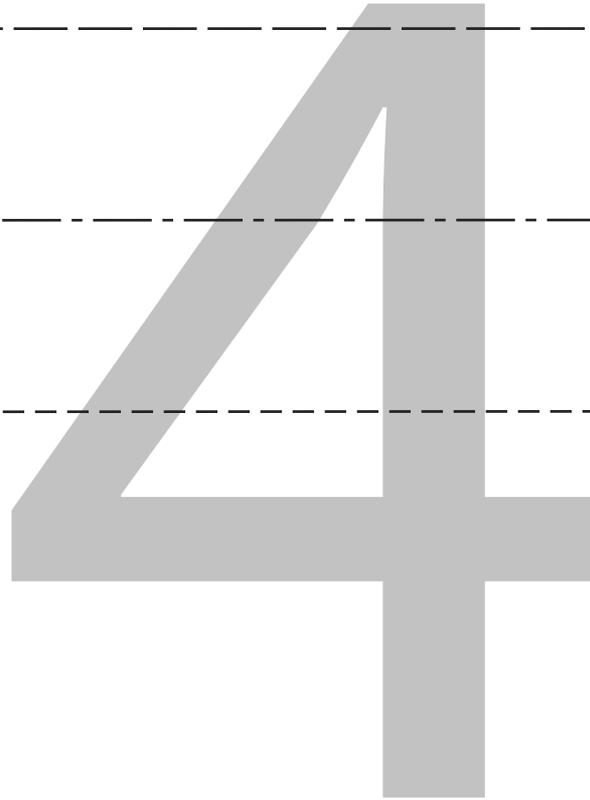




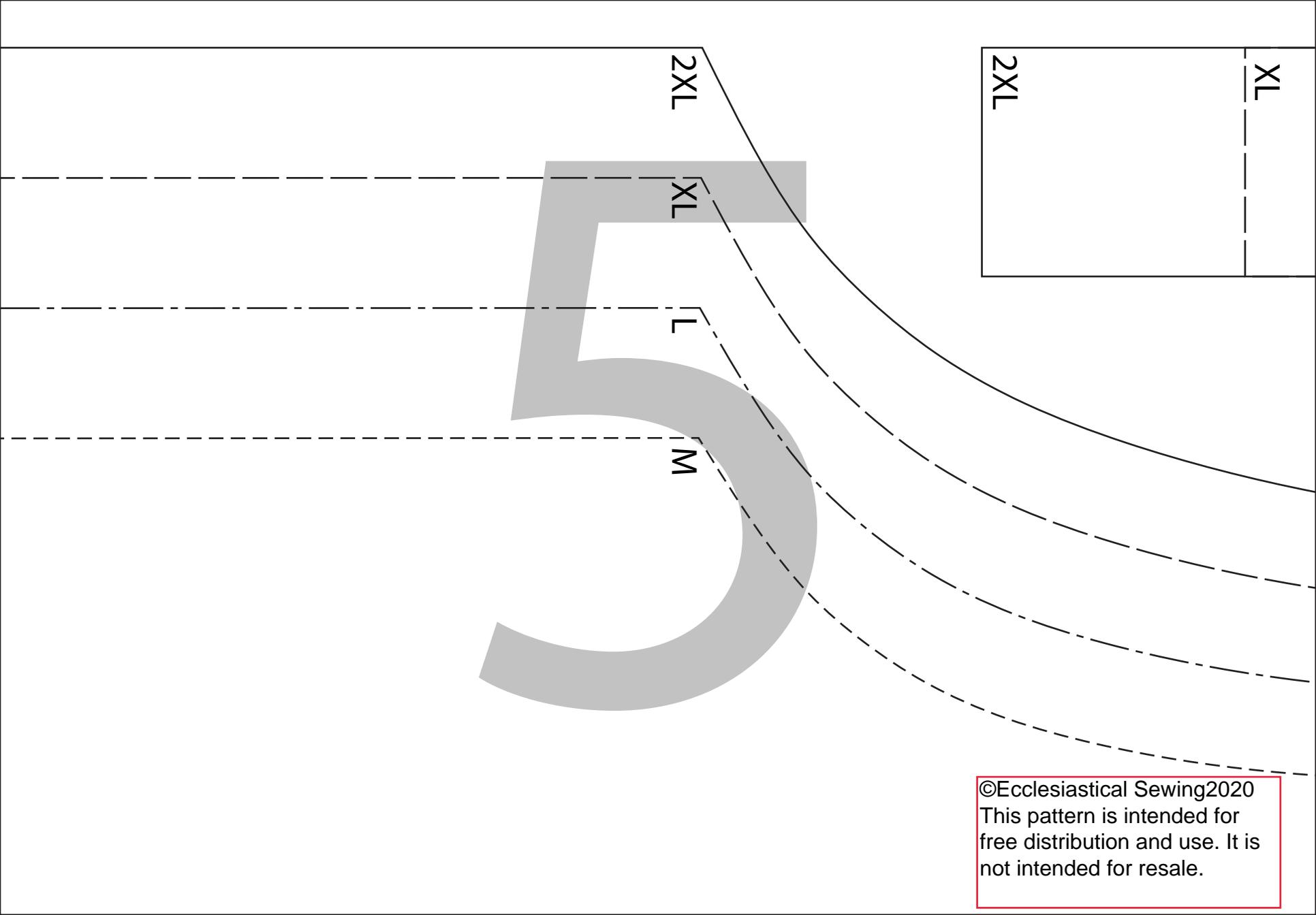
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2XL

XL

L

M

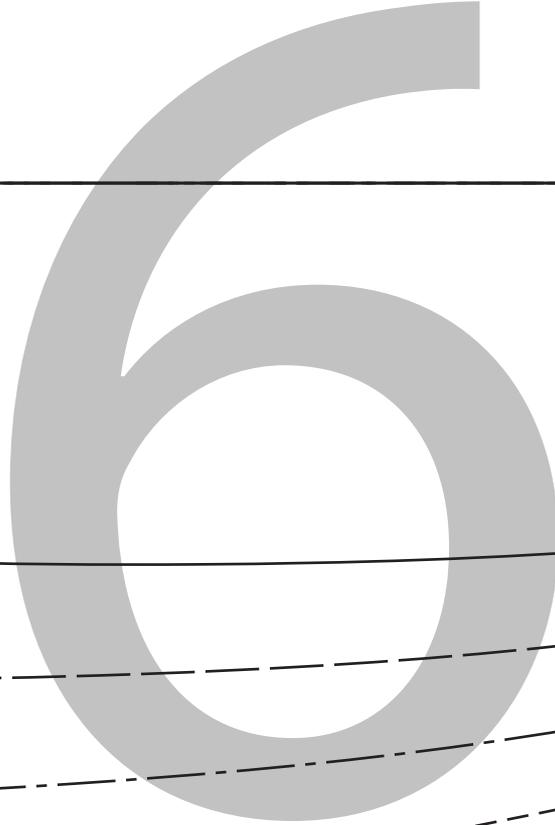
2XL

XL

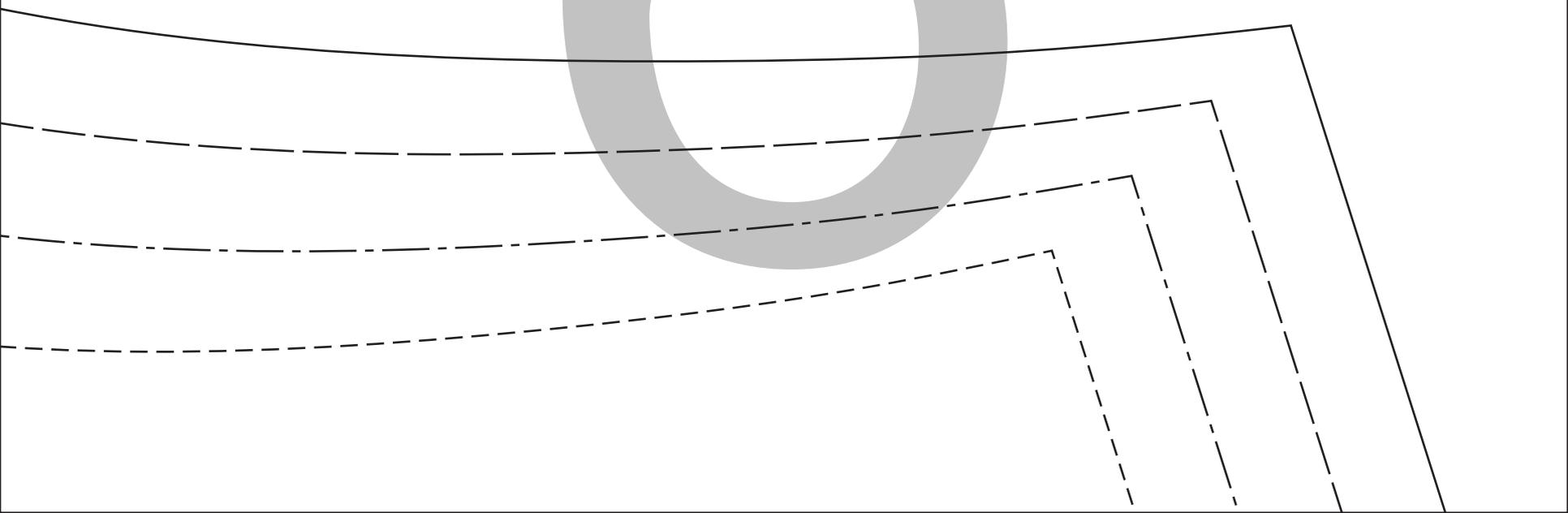
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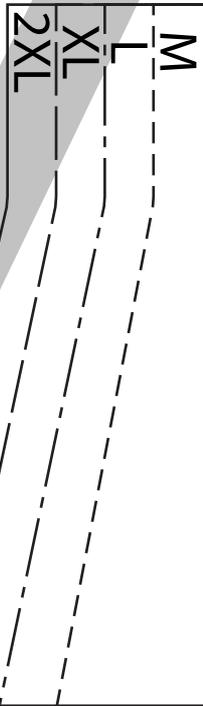
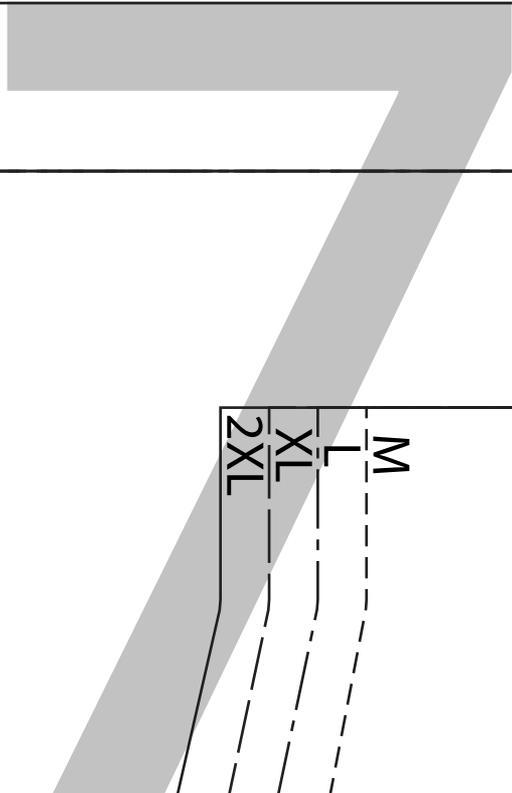
L

M



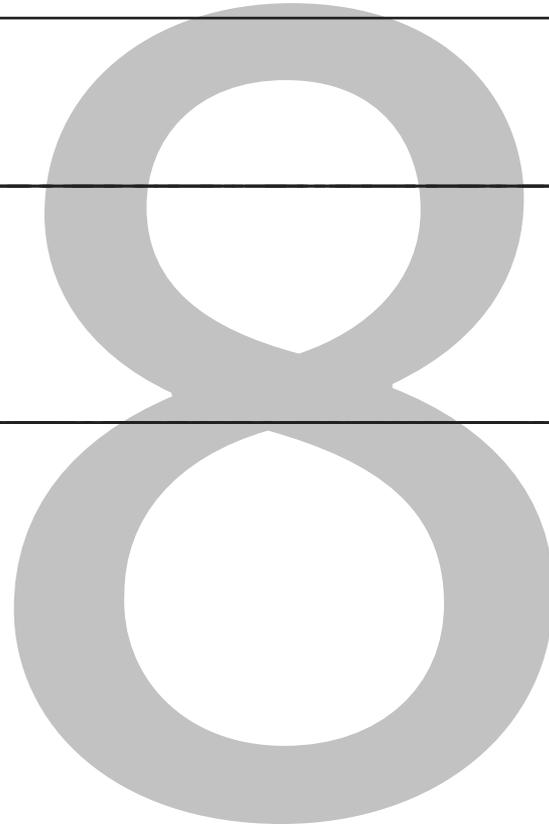
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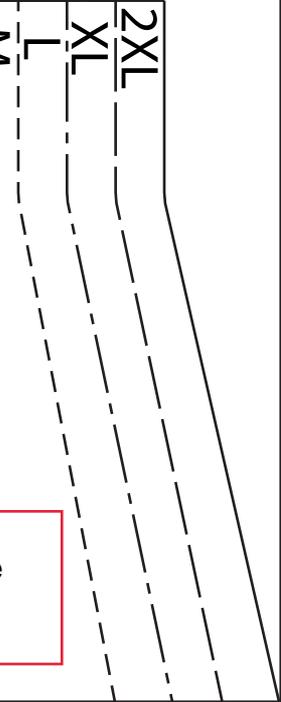
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Grain of Fabric



1" Allowed for Casing

M
L
XL
2XL



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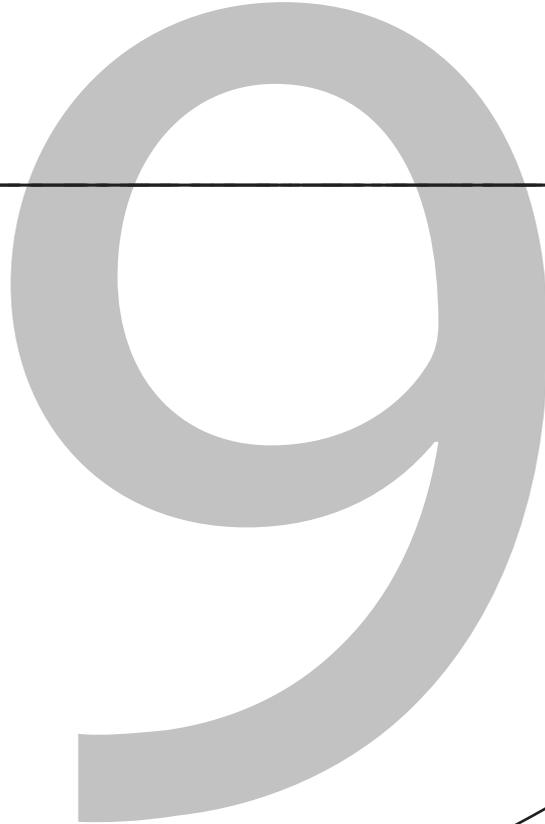


Isolation Gown

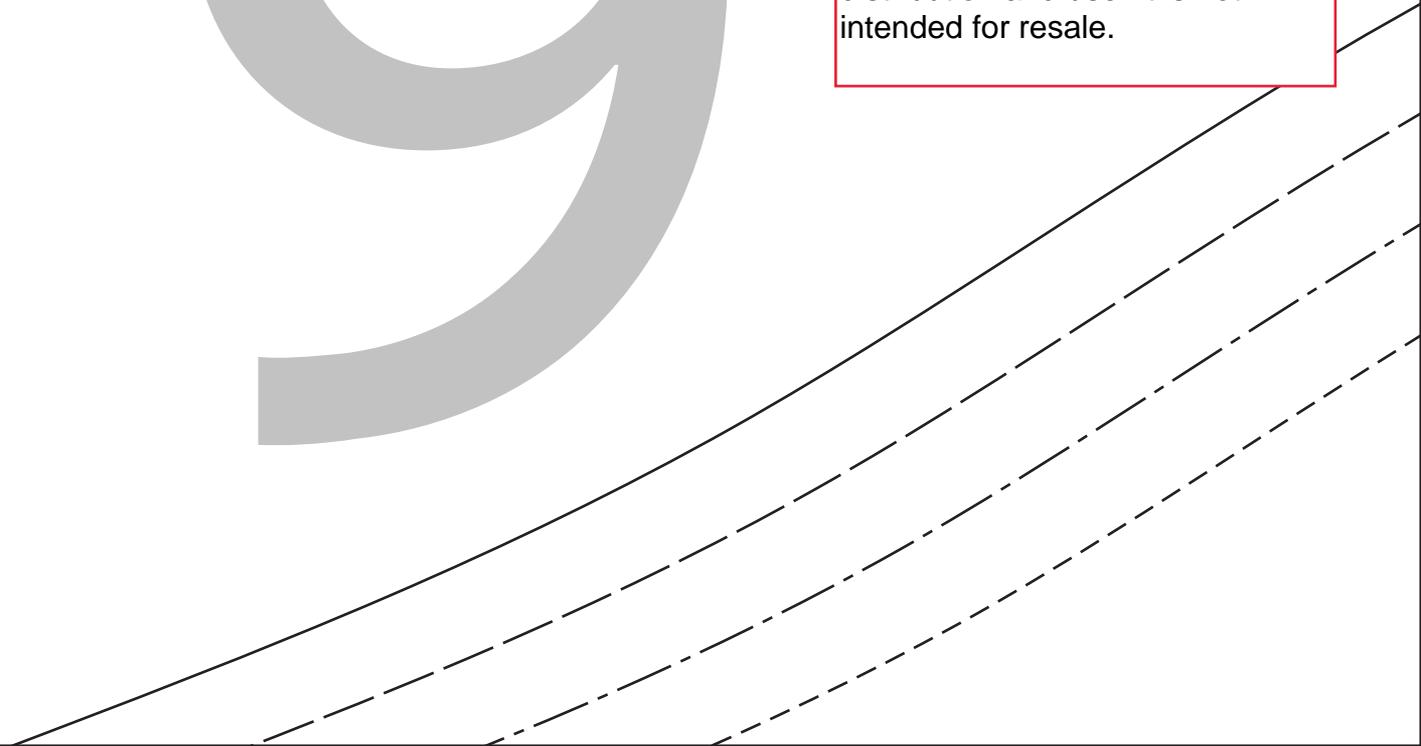
4. GOWN OPTIONAL WAIST TIES

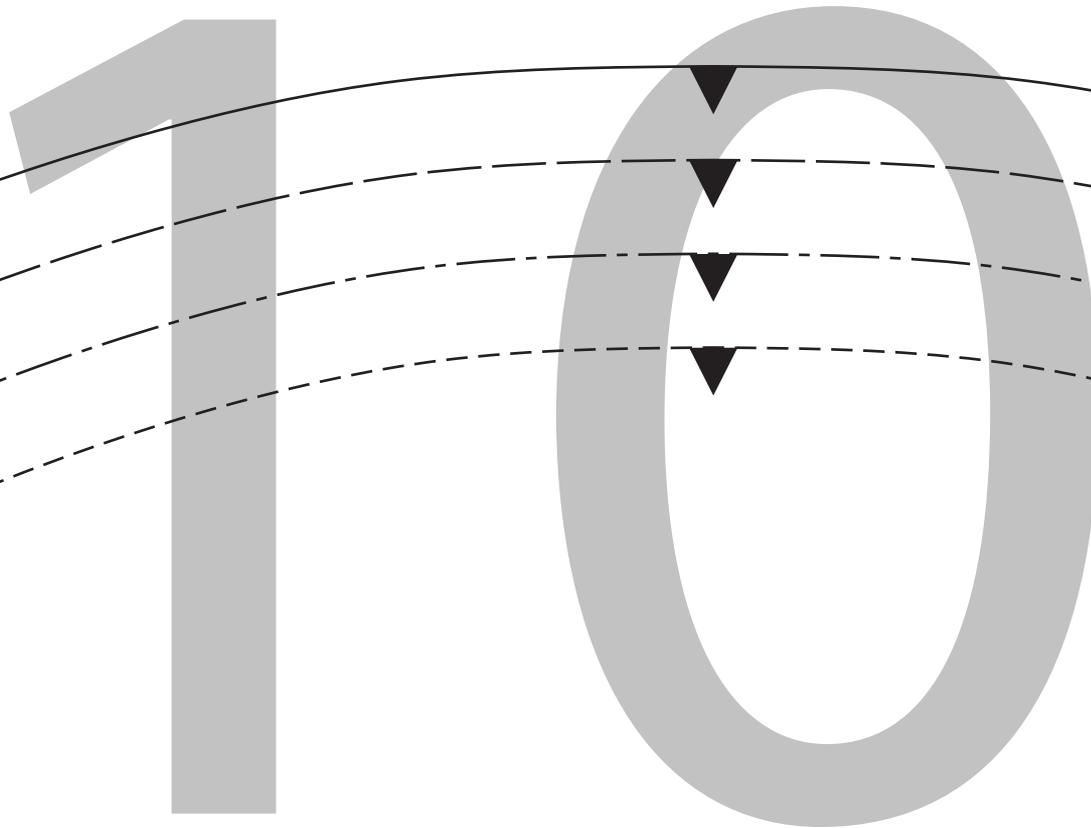
Cut 2 of Self Fabric

Seam Allowance Included



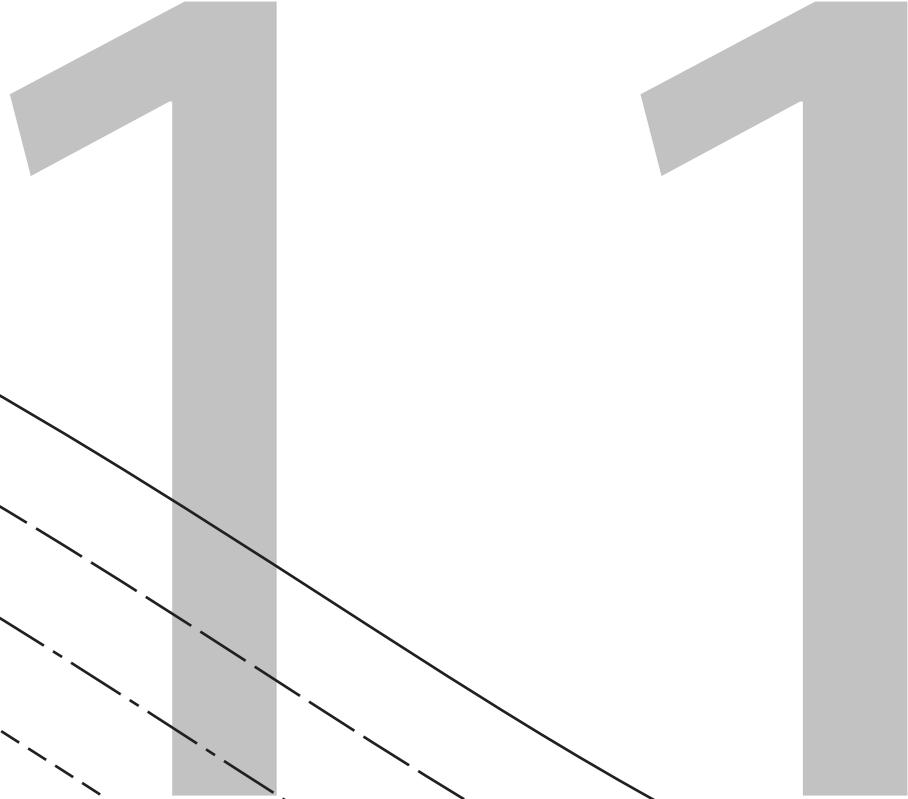
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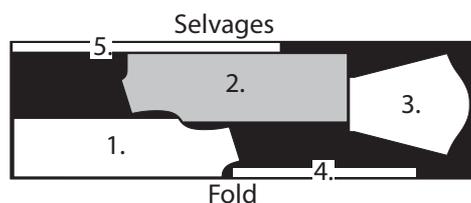
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MATERIAL REQUIRED (Fabric allows for two-way design or shading)

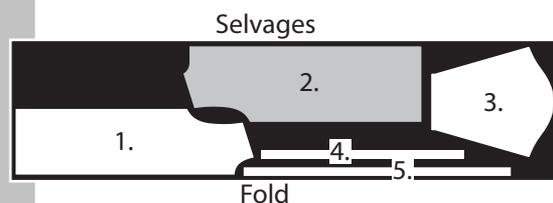
Size	M	L	XL	2XL	
<i>Fabric 56" Wide</i>					
Gown	2 5/8	2 7/8	3 1/8	3 1/4	yard
<i>Fabric 44" Wide</i>					
Gown	3 1/2	3 3/4	4	4 1/4	yard
<i>Fabric 44" or 56" Wide</i>					
Arm Gaiters and Bib	1	1	1	1	yard

NOTIONS: 1/4" to 3/8" Wide Elastic: M = 1 1/2 yd, L = 1 5/8 yd, XL = 1 3/4 yd, 2XL = 1 7/8 yd; Optional double-fold bias tape: one-4 yard package; 5/8" to 1" wide Hook & Loop Tape: two - 1 1/2" pieces; Thread.

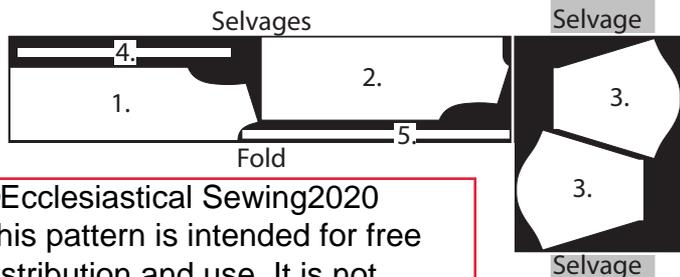
Fabric 56" Wide - Gown Size M



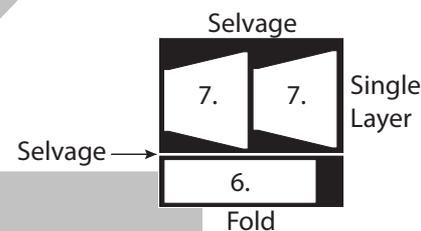
Fabric 56" Wide - Gown Sizes L-XL-2XL



Fabric 44" Wide - Gown Sizes M-L-XL-2XL



Fabric 44" or 56" Wide
Arm Gaiter & Bib - All Sizes

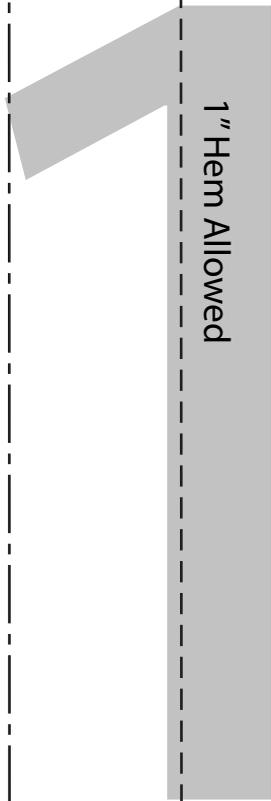


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ASSEMBLING THE PRINTED PATTERN AND INSTRUCTIONS

There are 55 pages for this pattern. Each page has a number and a rectangular edge. Align edges of rectangle and tape together in the order shown to the right.

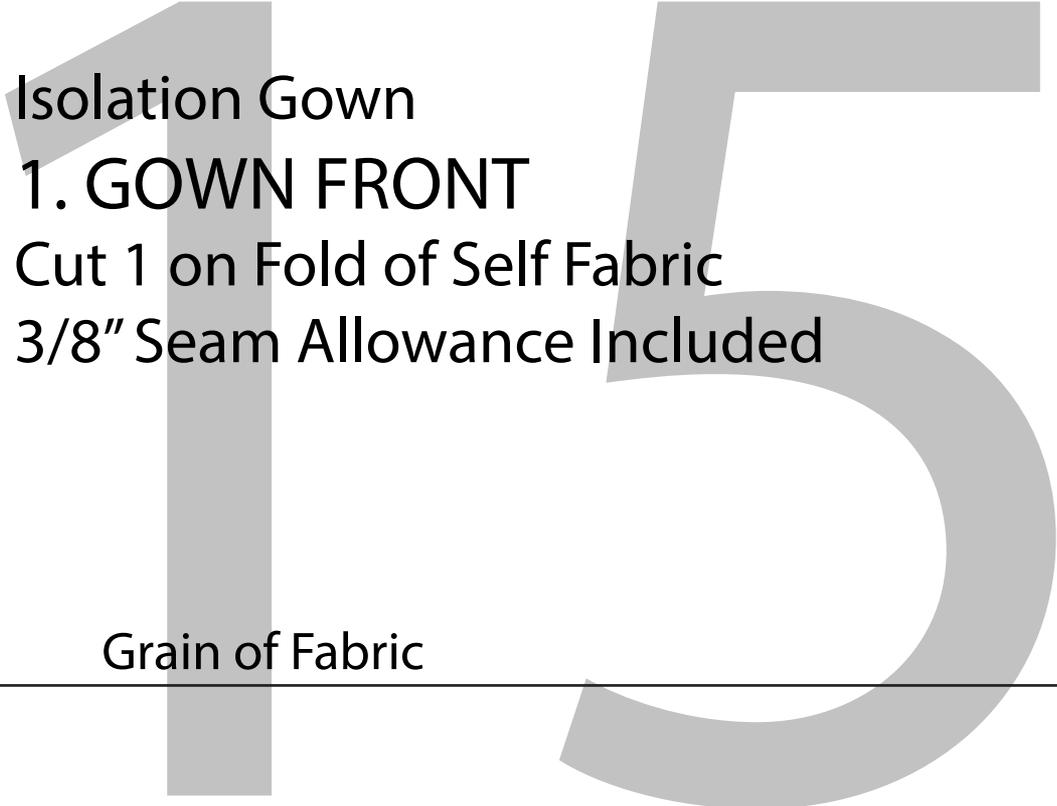
1	2	3	4	5	6	7	8	9	10	11
12	13	14	15	16	17	18	19	20	21	22
23	24	25	26	27	28	29	30	31	32	33
34	35	36	37	38	39	40	41	42	43	44
45	46	47	48	49	50	51	52	53	54	55



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Isolation Gown

1. GOWN FRONT

Cut 1 on Fold of Self Fabric

3/8" Seam Allowance Included

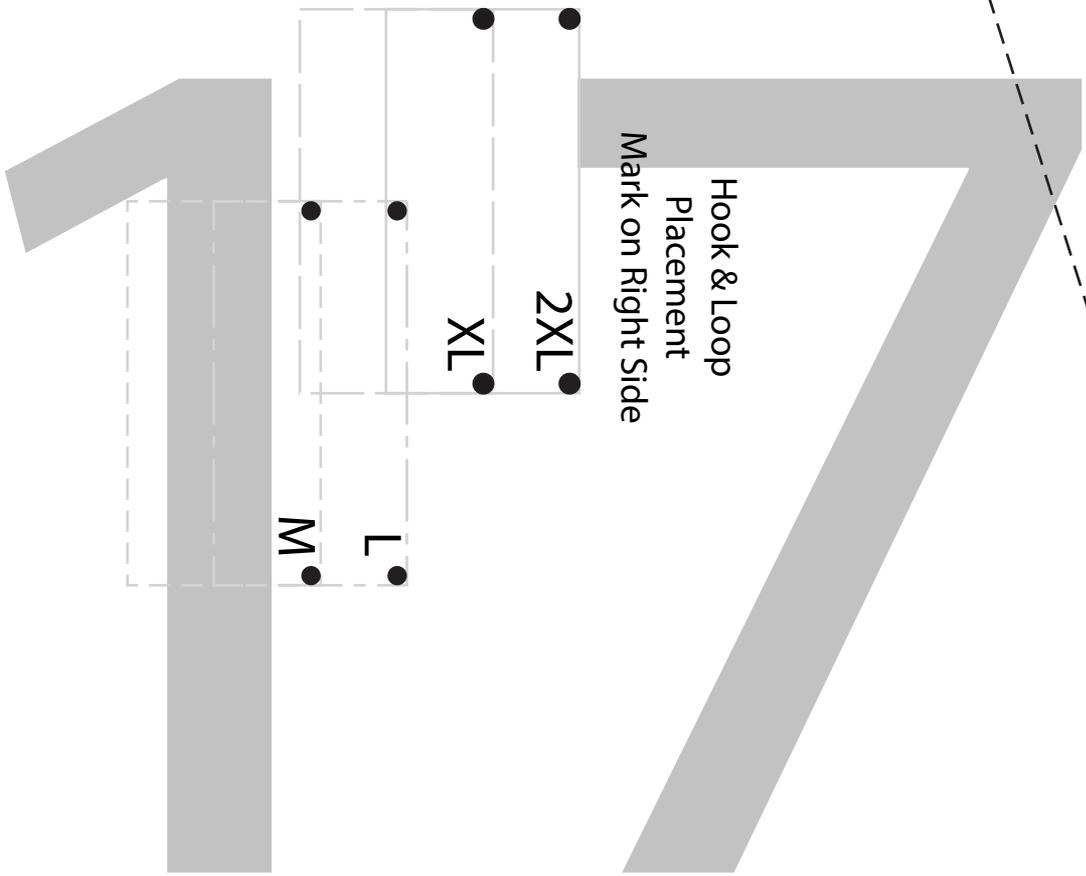
Grain of Fabric

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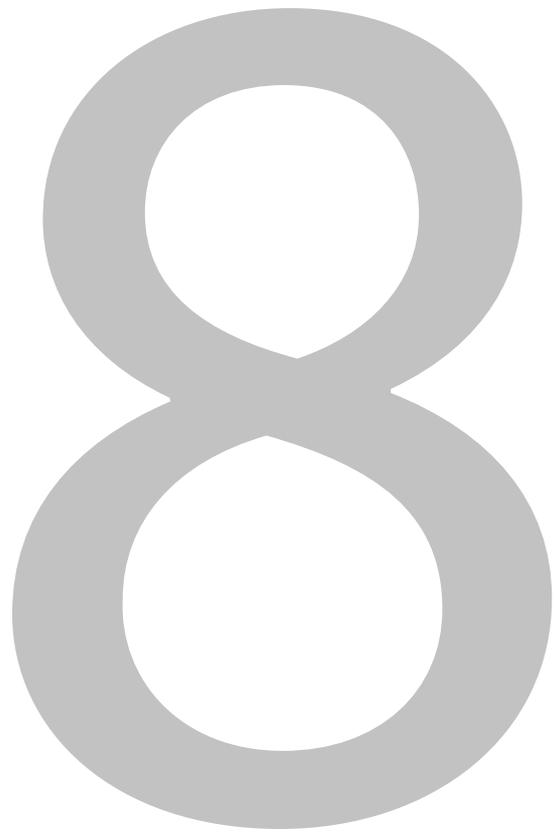
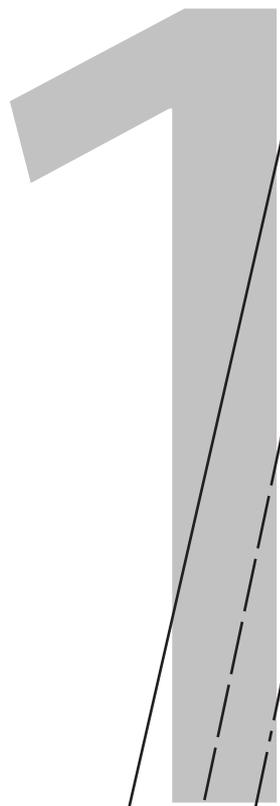
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Isolation Gown

7. ARM GAITER

Cut 2 of Impervious Material

3/8" Seam Allowance Included



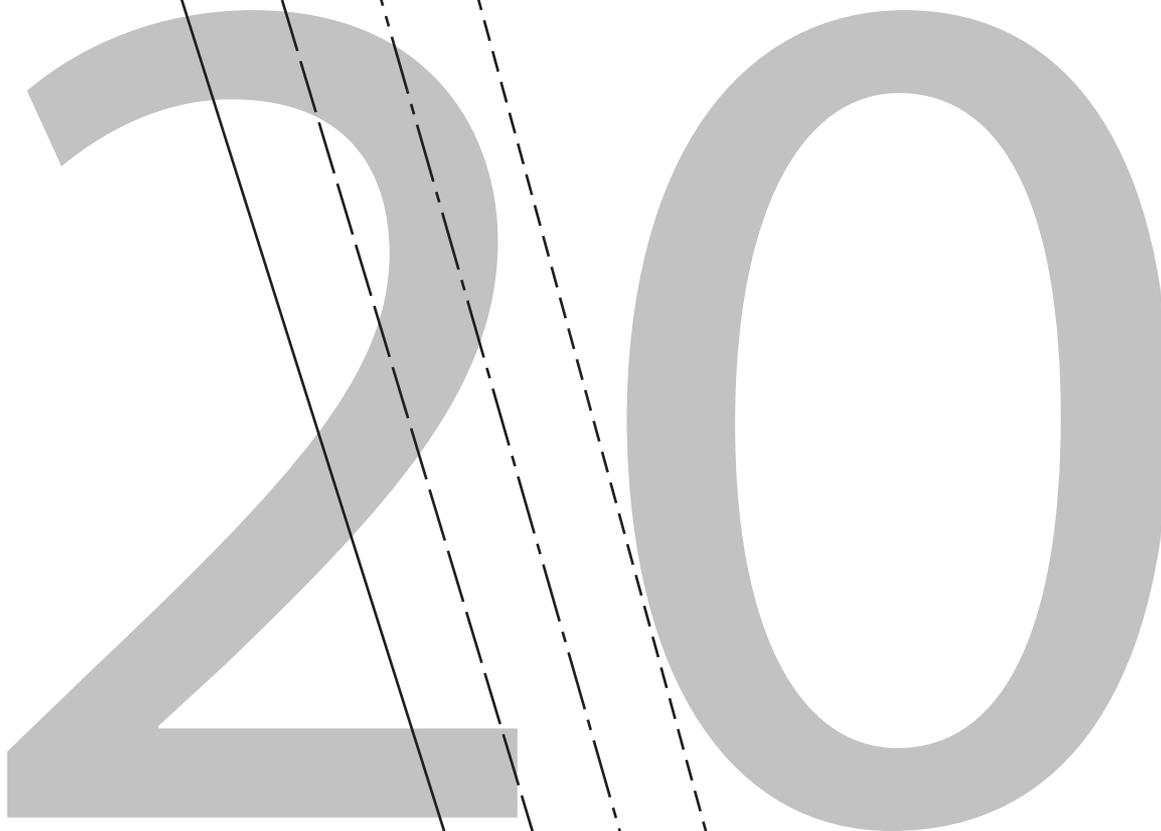
Grain of Fabric

2XL

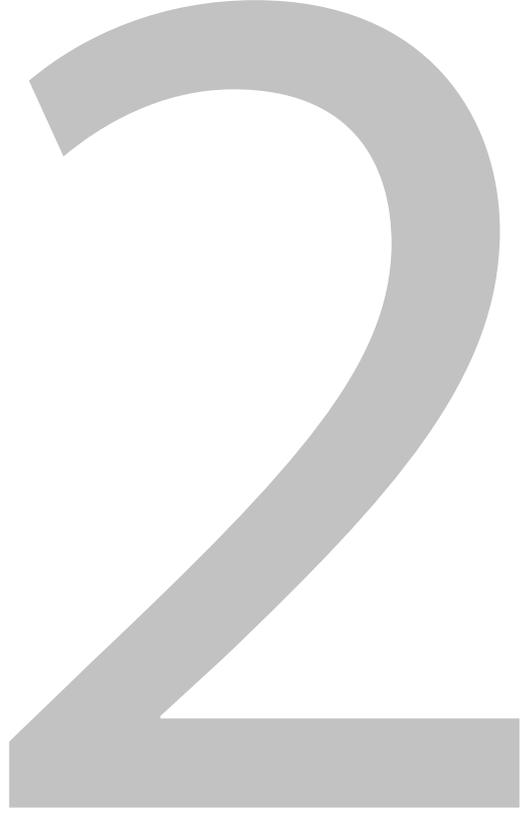
XL

L

M



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Isolation Gown

3. GOWN SLEEVE

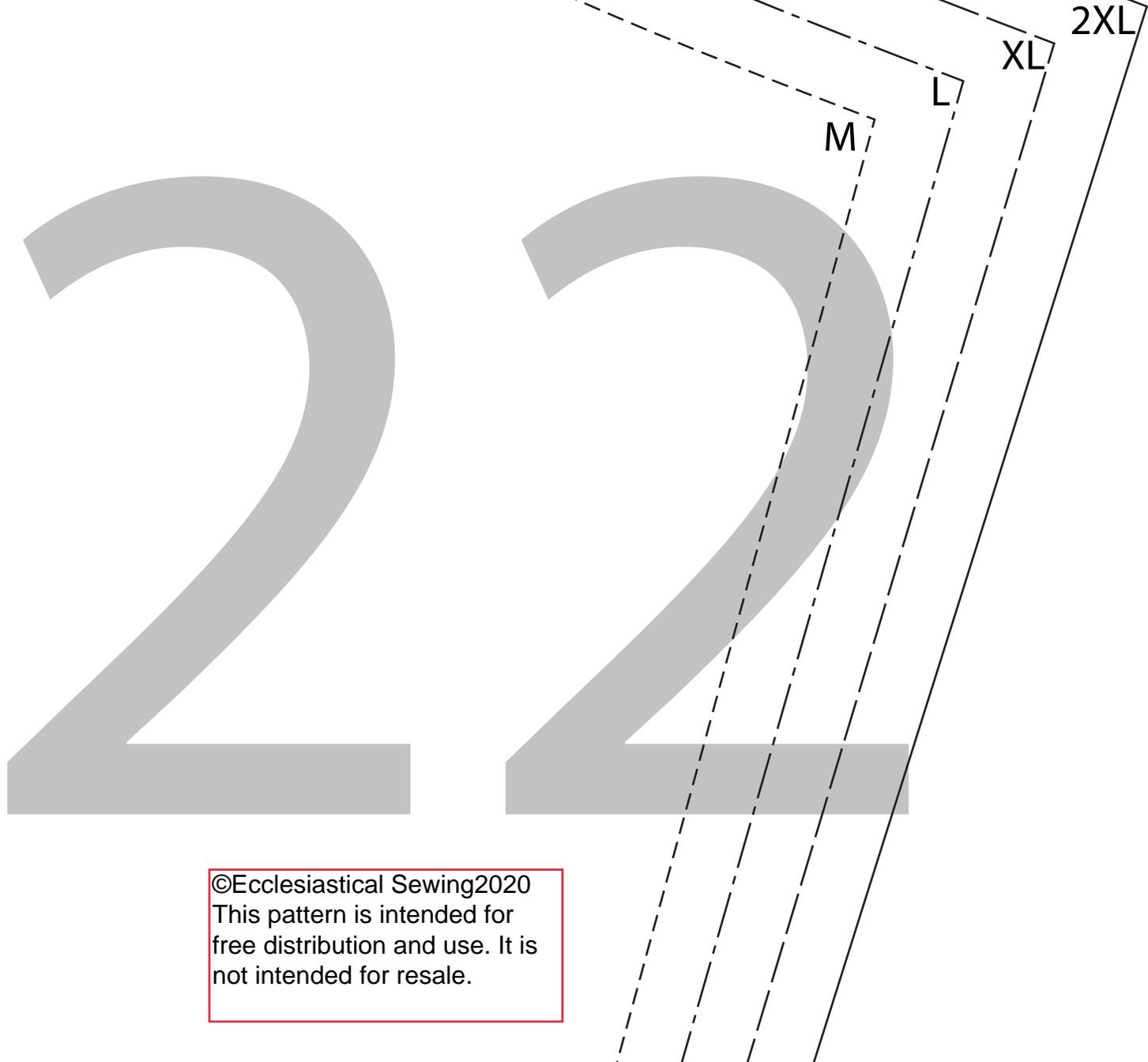
Cut 2 of Self Fabric

3/8" Seam Allowance Included



Grain of Fabric

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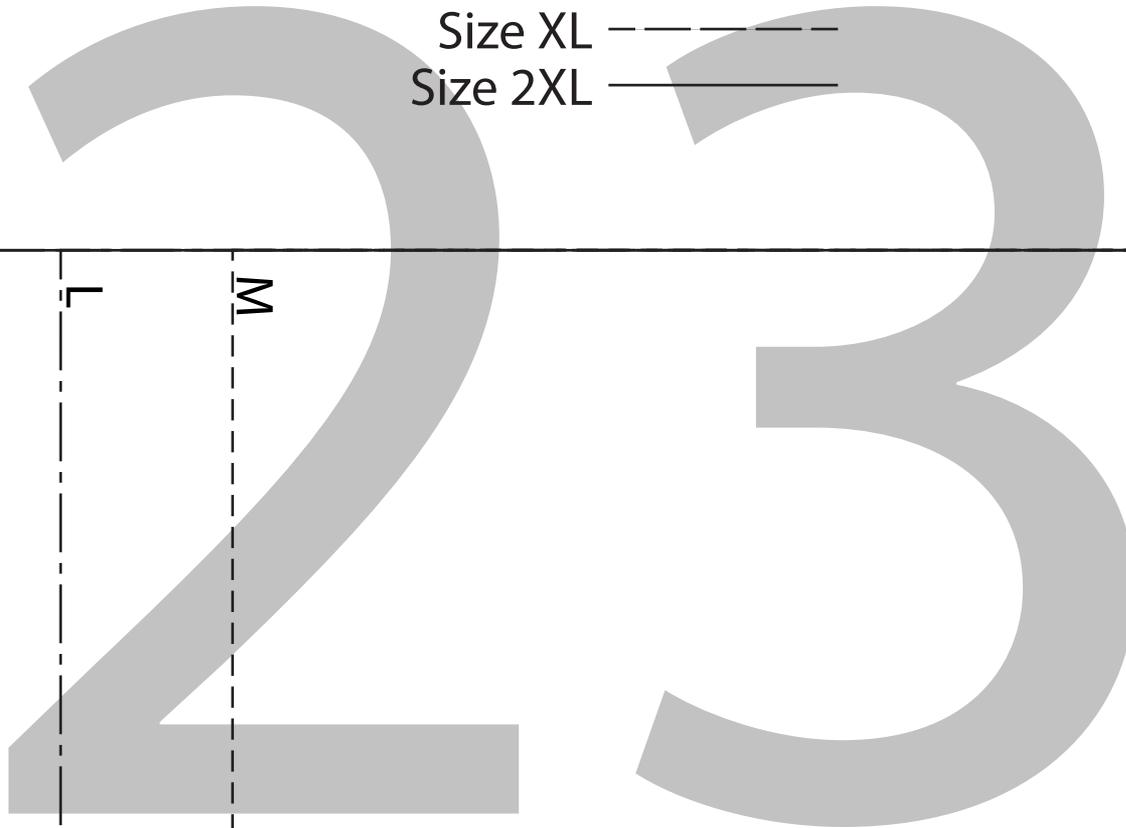
Size M -----
Size L -----
Size XL -----
Size 2XL -----

2XL

XL

L

M



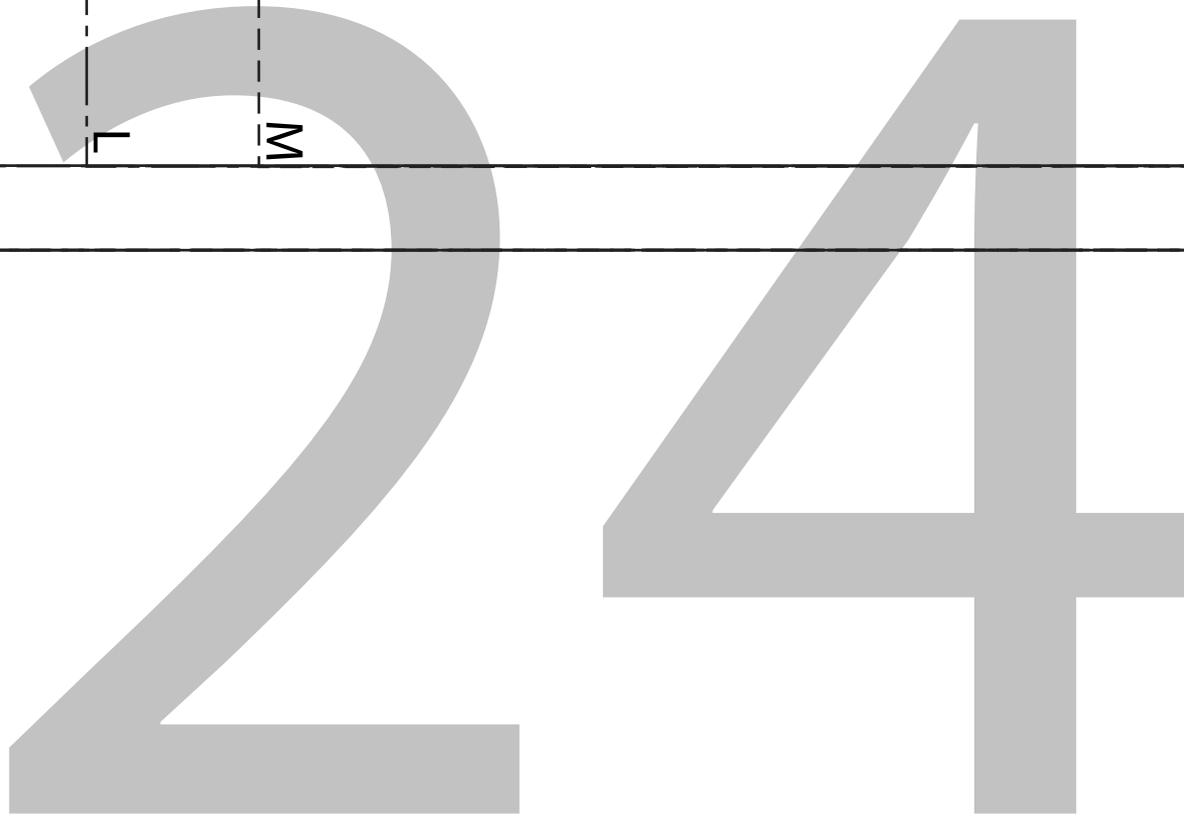
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2XL

XL

L

M



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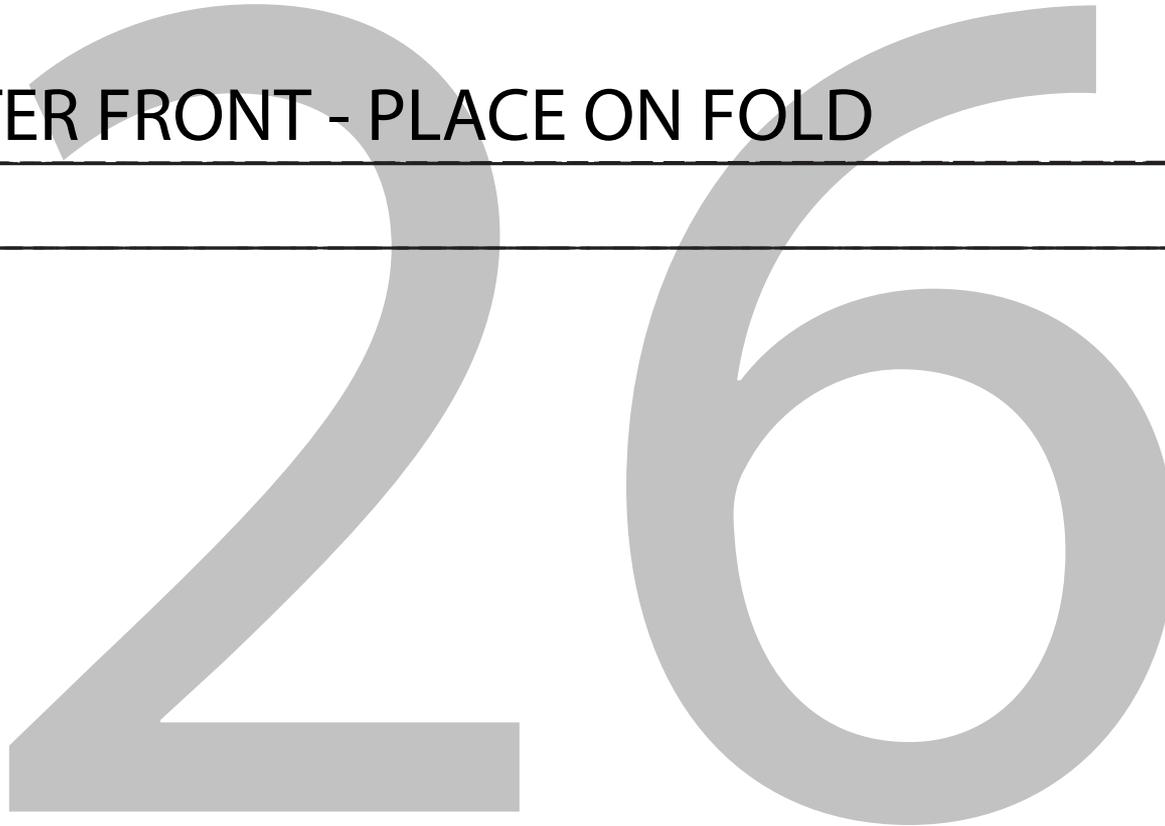
25

1" Hem Allowed

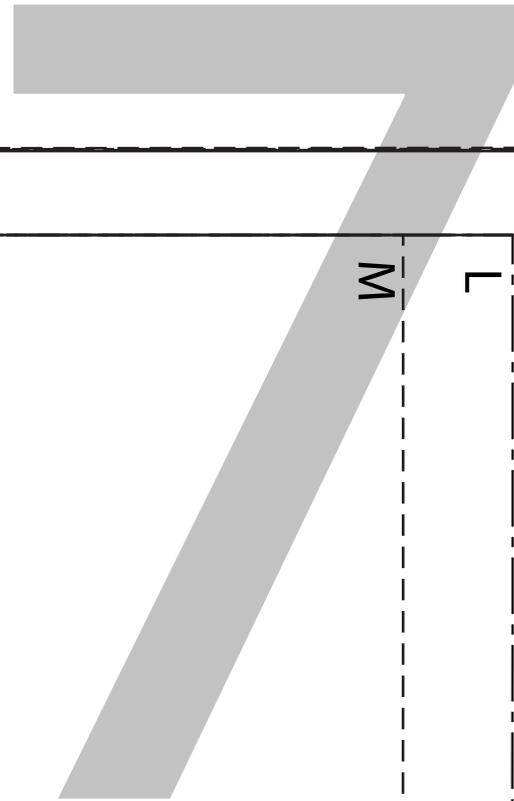
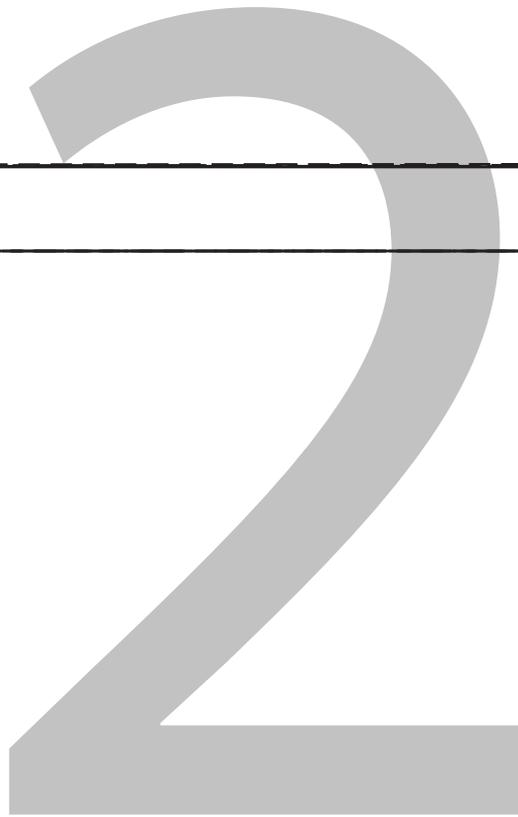
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CENTER FRONT - PLACE ON FOLD

▼
TIE
PLACEMENT



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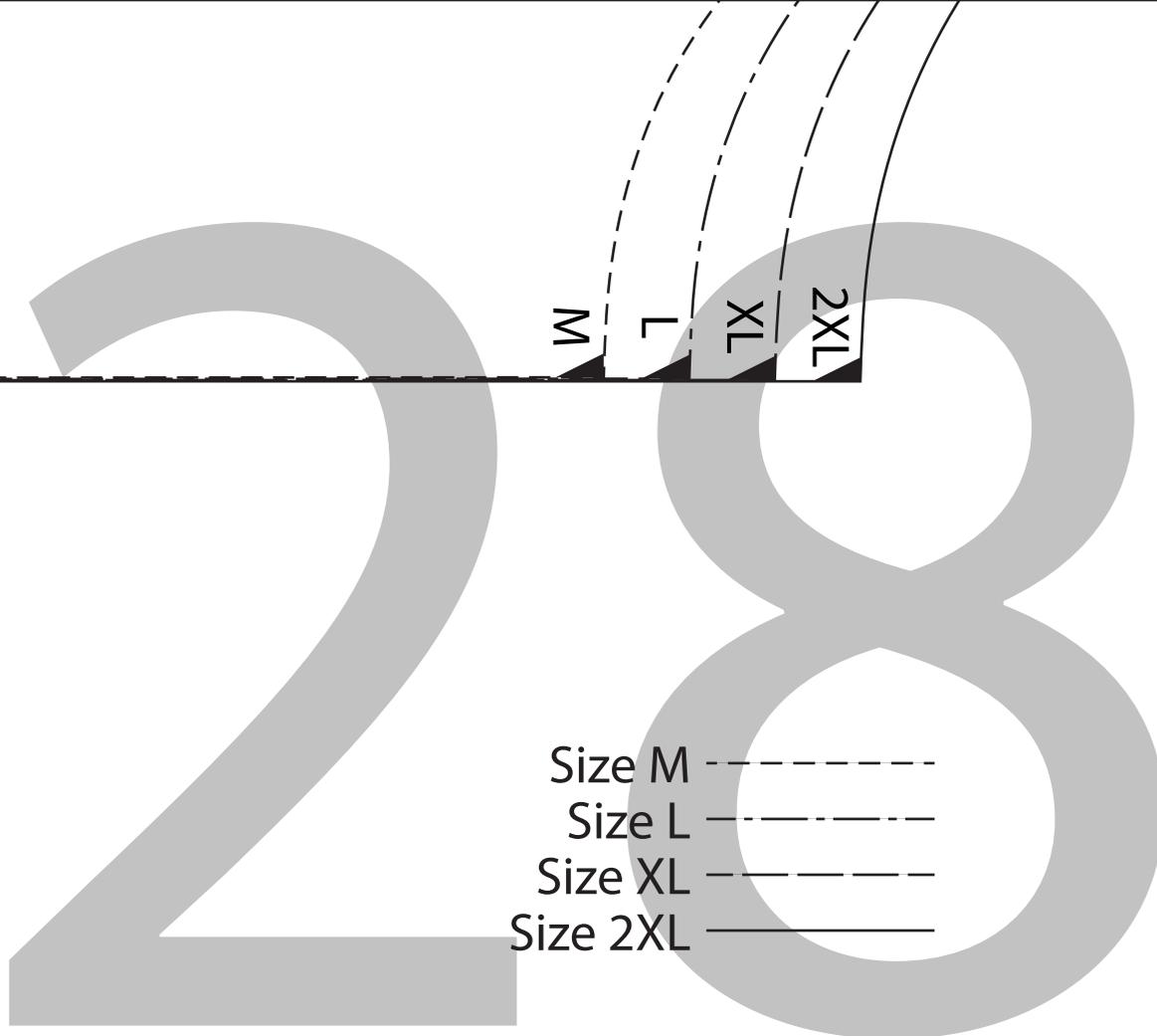
M

L

XL

2XL

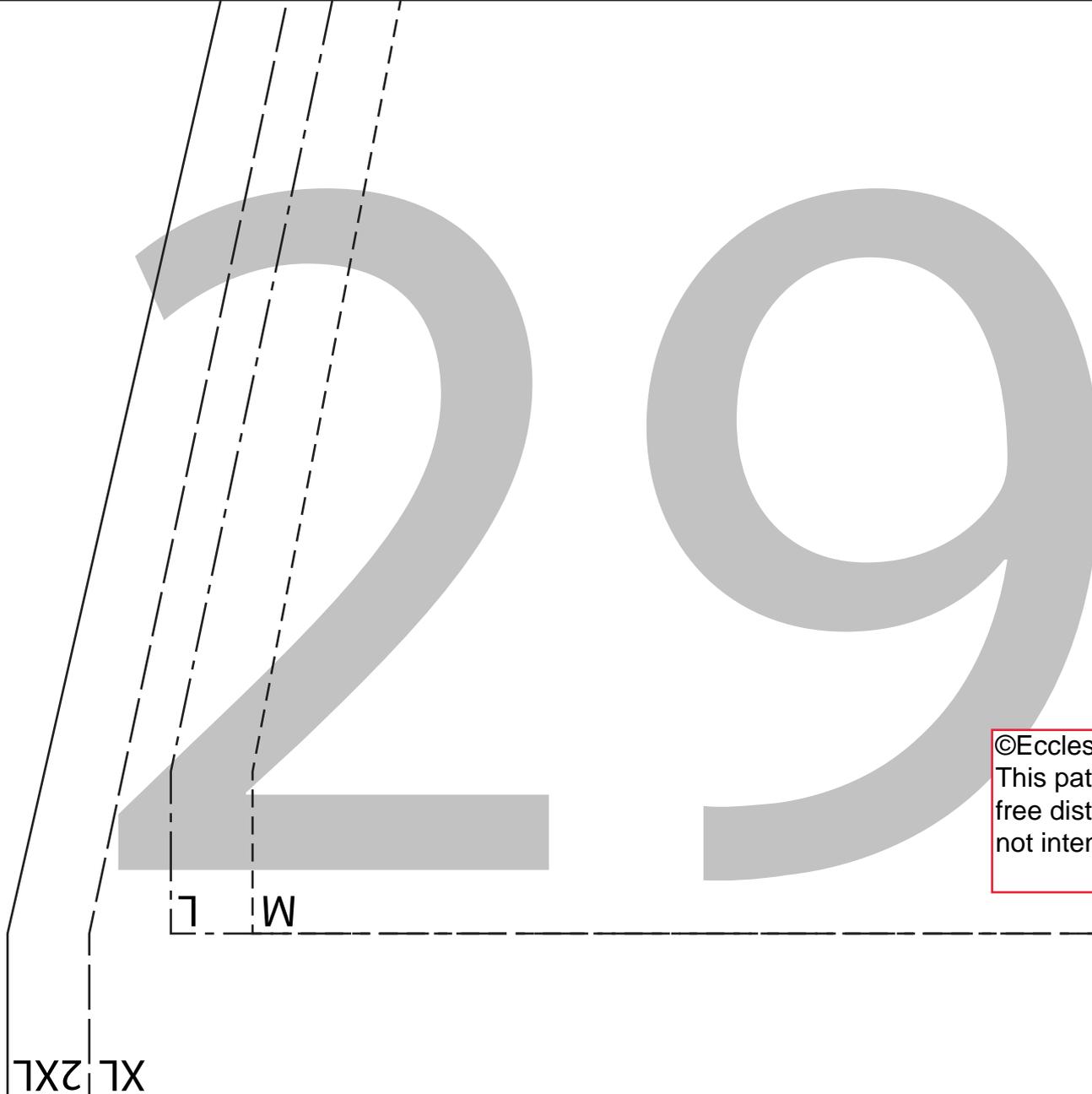
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M
L
XL
2XL

Size M -----
Size L -----
Size XL -----
Size 2XL -----

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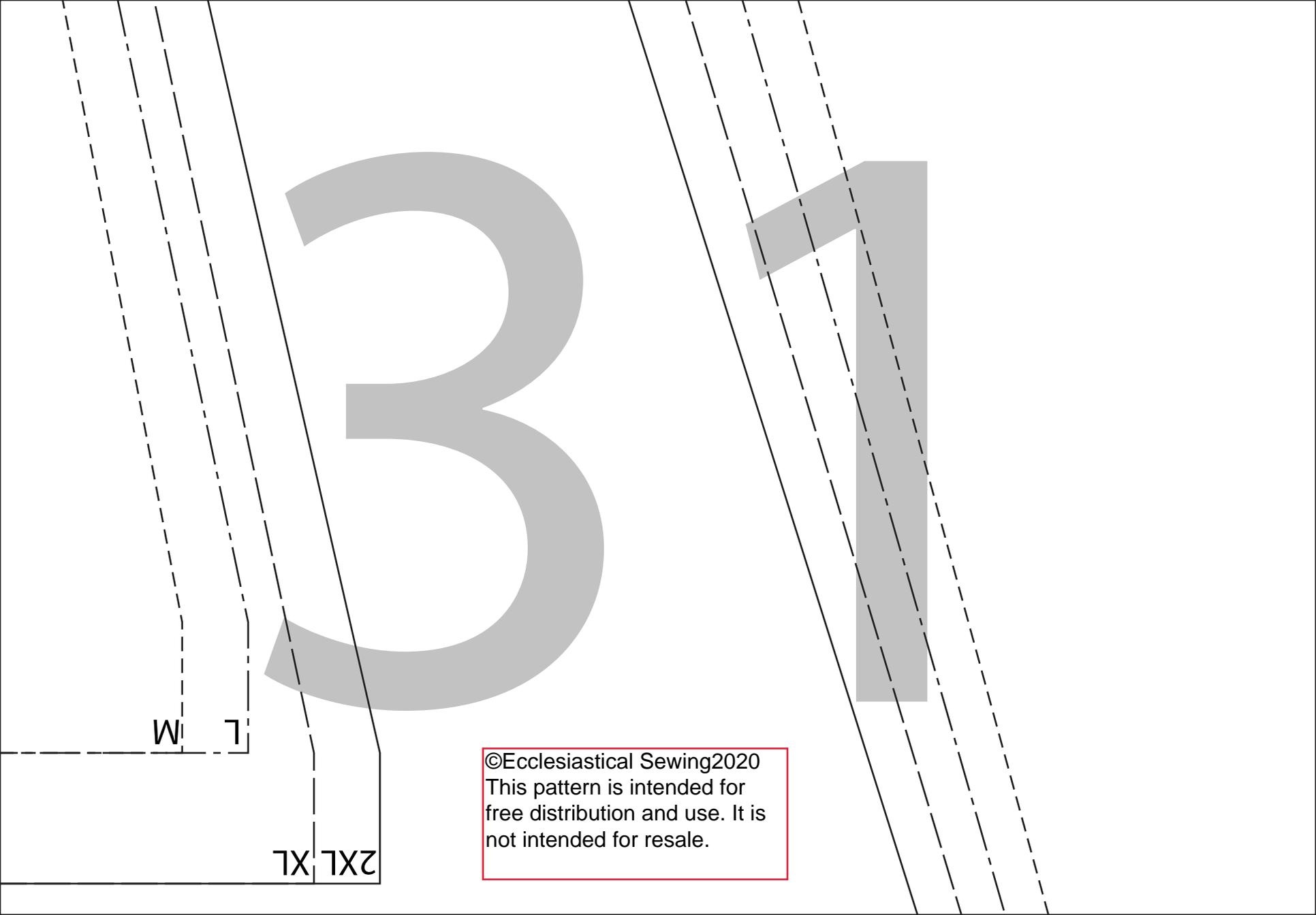
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30

1" Allowed for Casing

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W

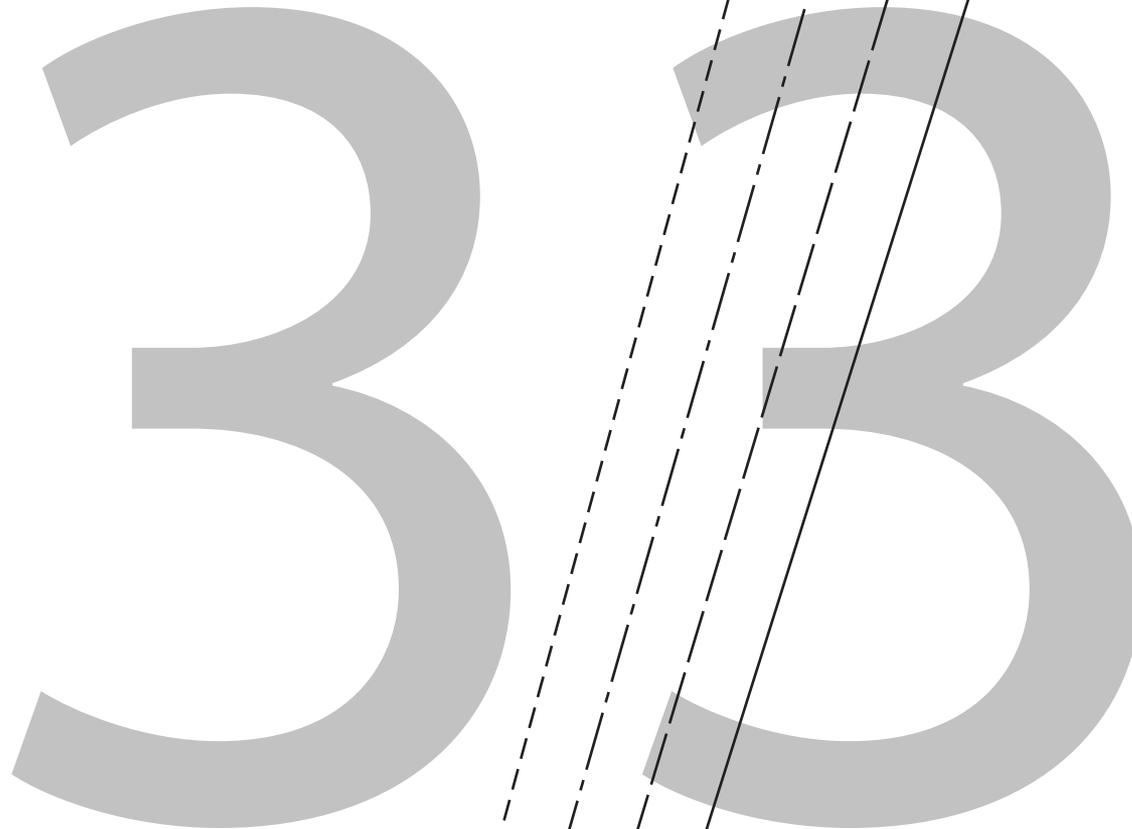
T

1X 2X

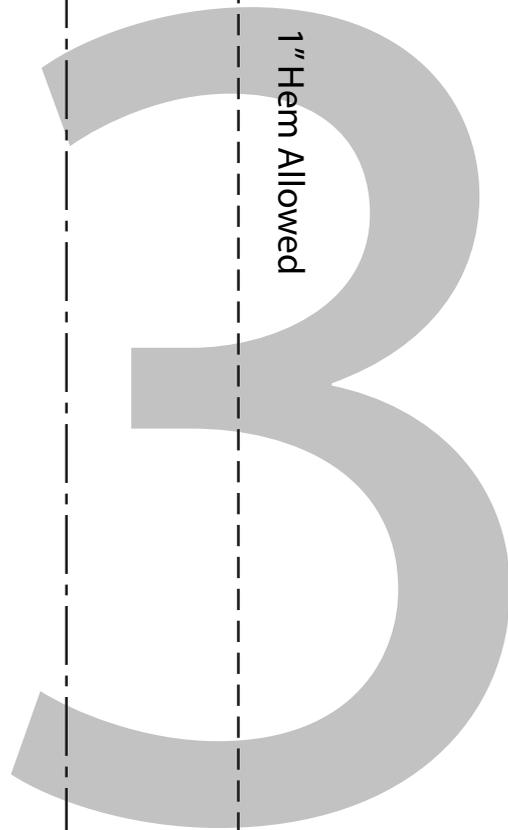
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32

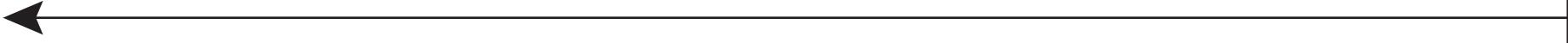
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Grain of Fabric

Isolation Gown

2. GOWN BACK

Cut 2 of Self Fabric

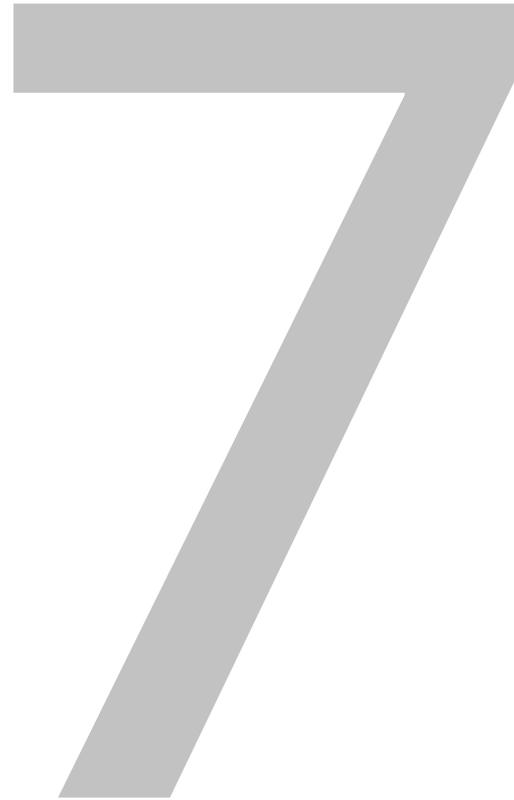
3/8" Seam Allowance Included

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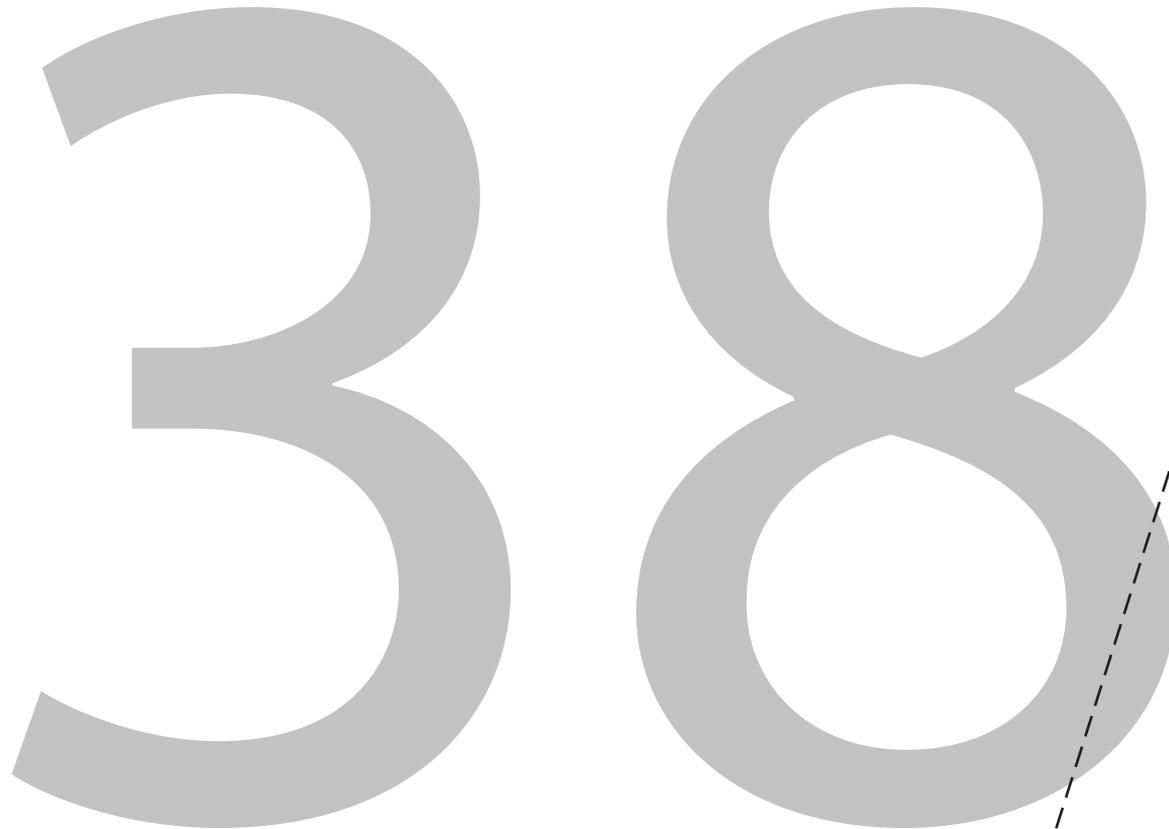
3



7



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The image features the large, bold, grey numbers '38' in the center. To the right of the numbers, there is a dashed line pattern that appears to be a portion of a sewing pattern, consisting of several curved and straight lines. The background is white.

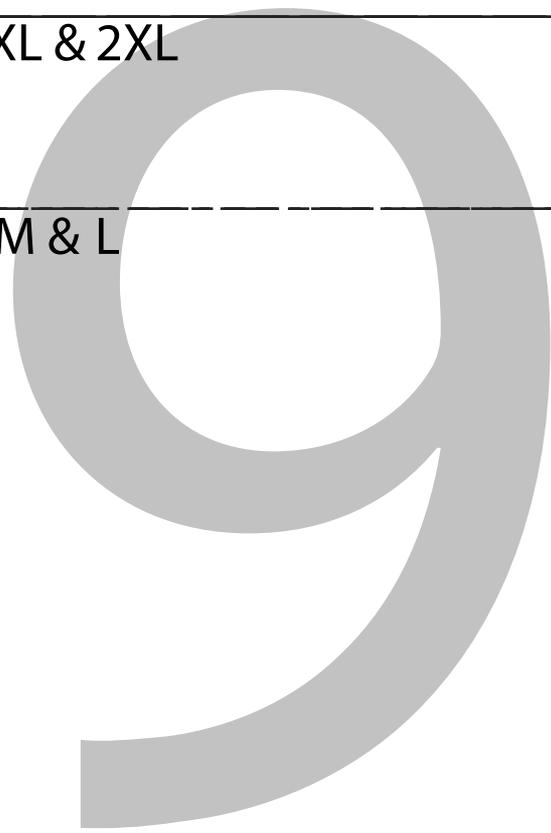
38

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XL & 2XL

M & L



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40

Isolation Gown

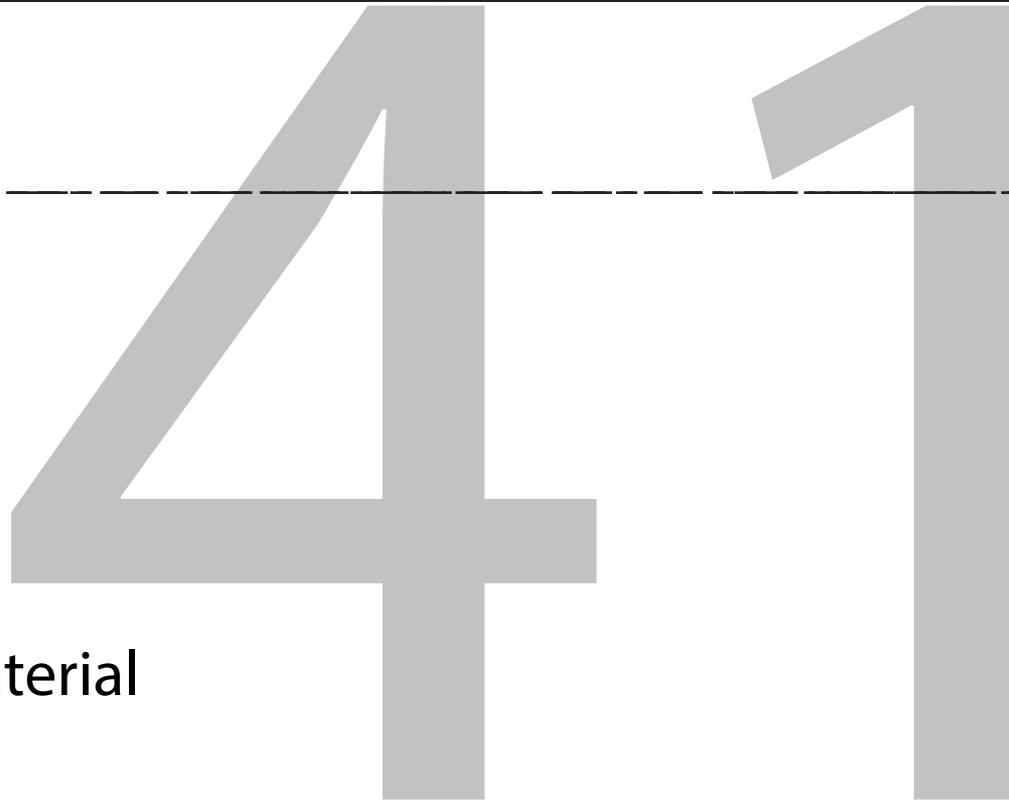
6. BIB

Cut 1 on Fold of Im

3/8" Seam Allowan

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Grain of Fabric



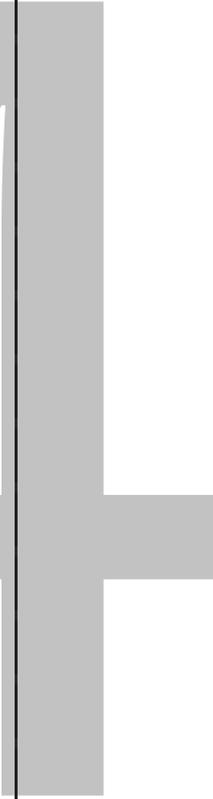
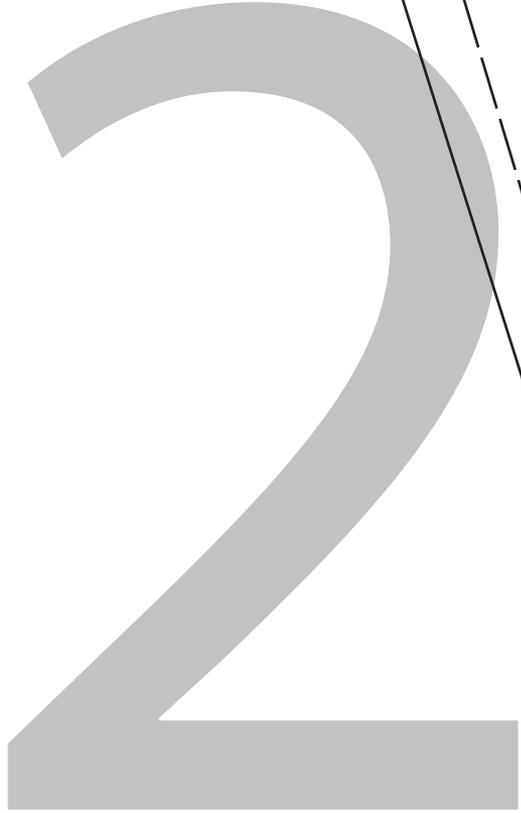
Impervious Material
Space Included

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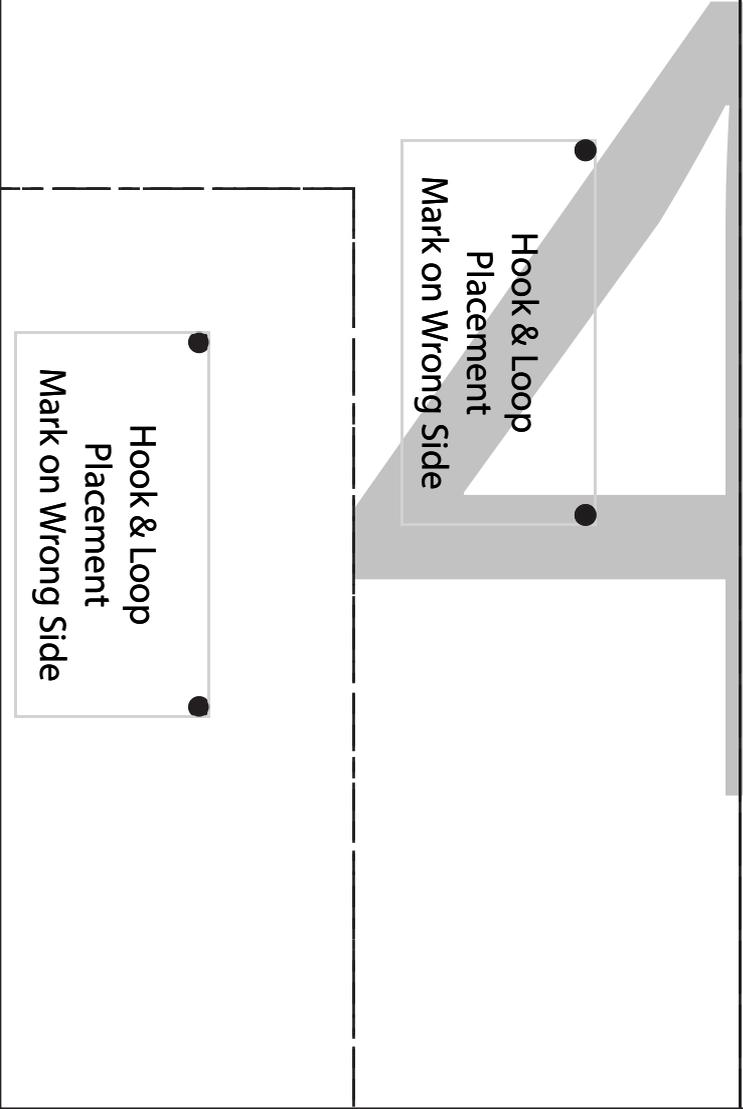
2XL
XL
L
M

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Hook & Loop
Placement
Mark on Wrong Side

Hook & Loop
Placement
Mark on Wrong Side

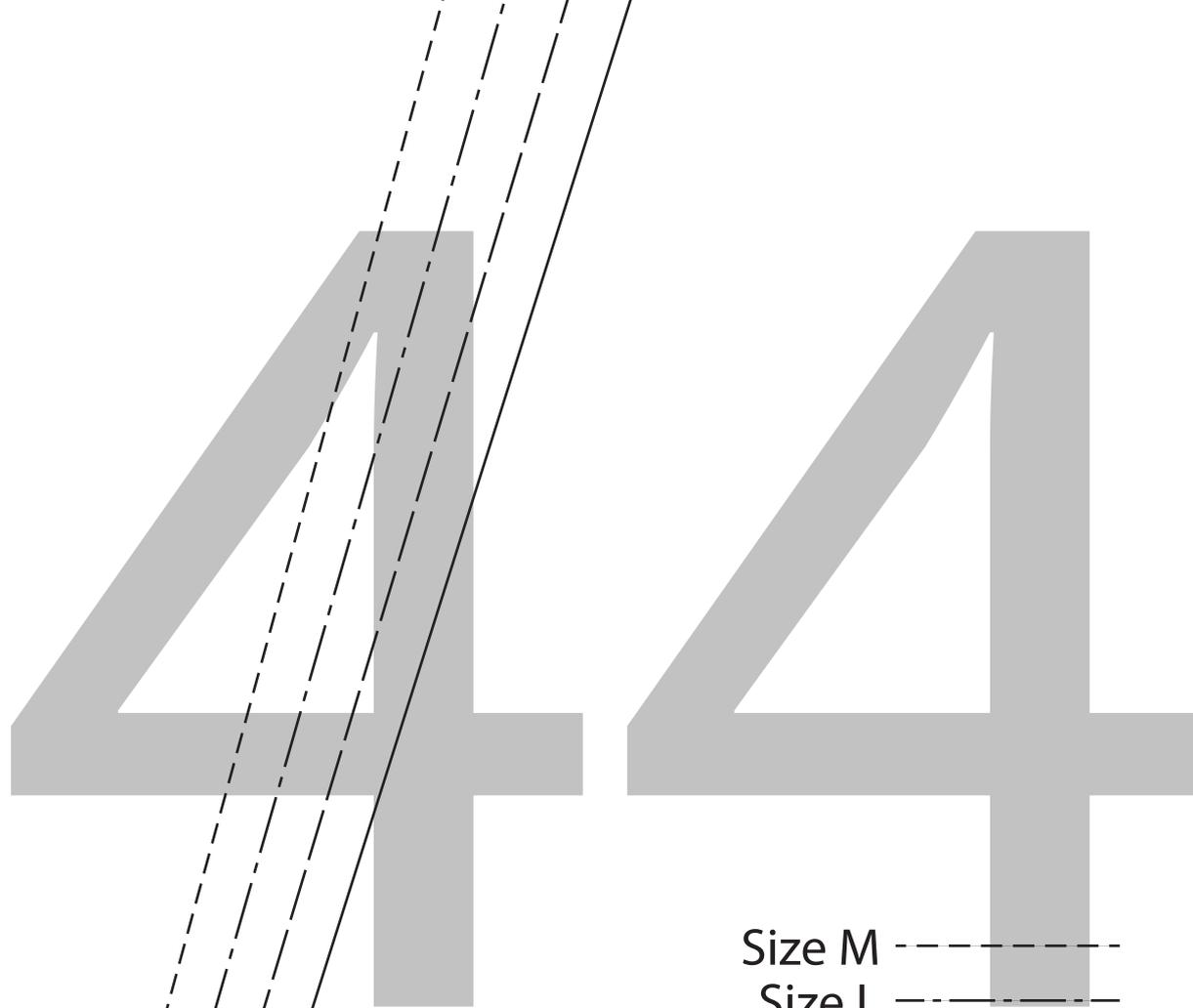


43



1" Allowed for Casing

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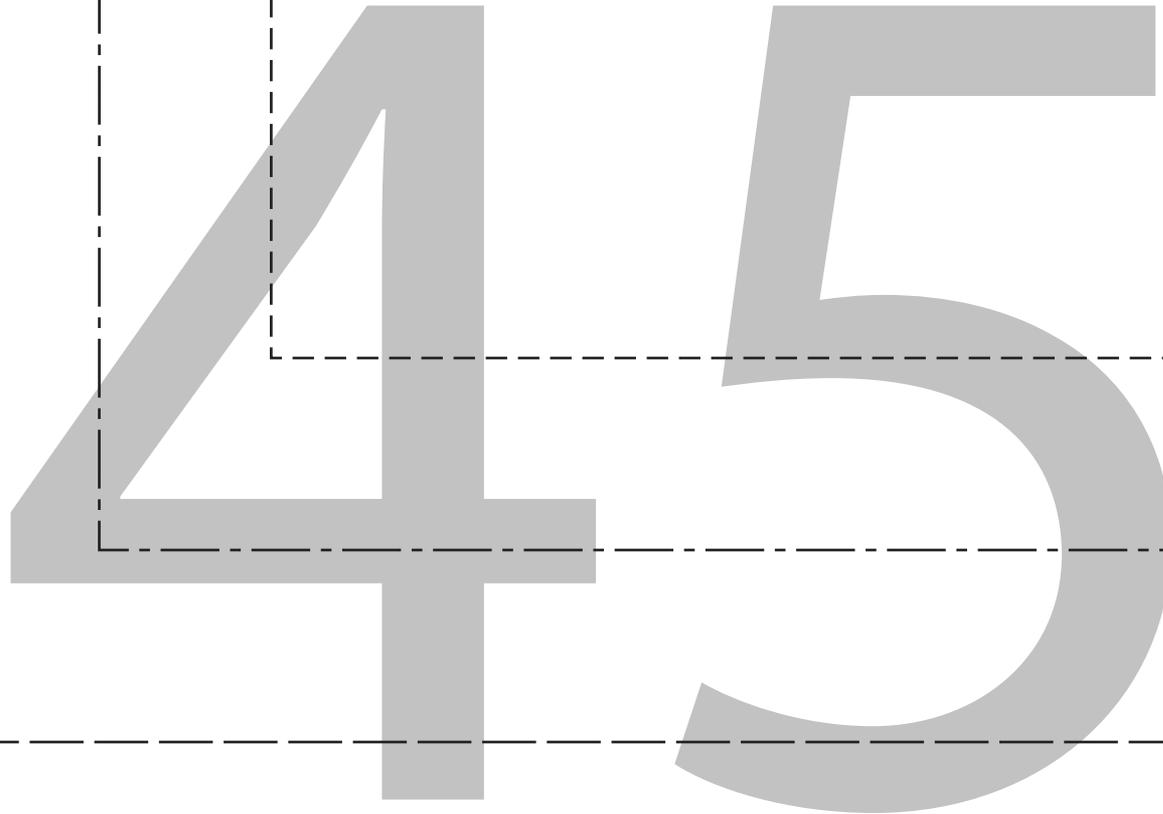


M
L
XL
2XL

Size M -----
Size L -----
Size XL -----
Size 2XL -----

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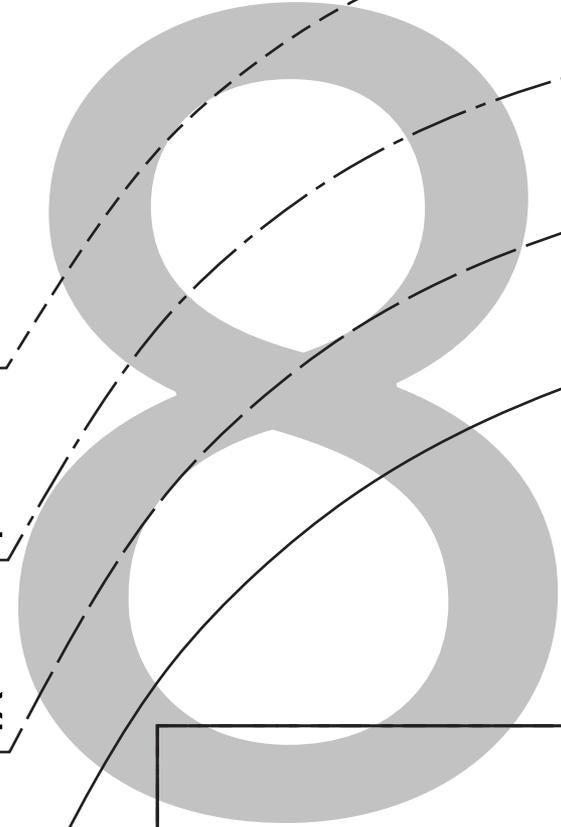
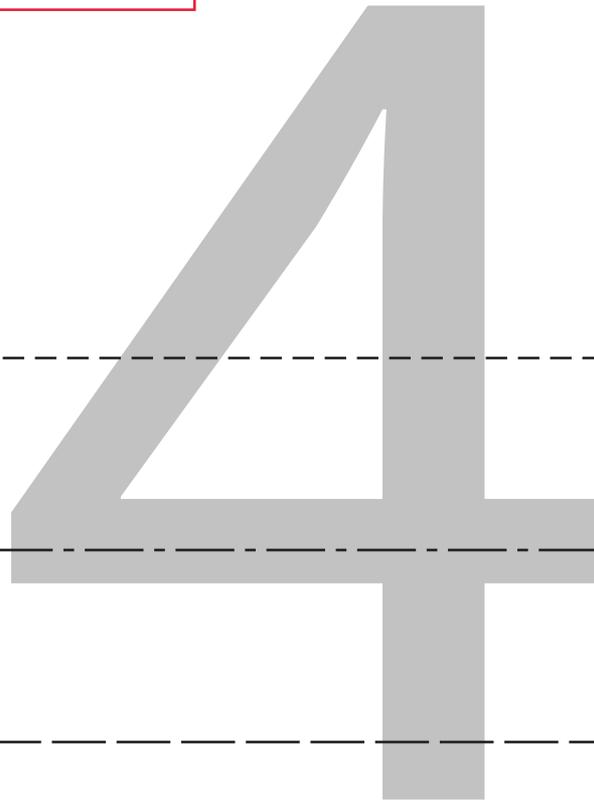
46

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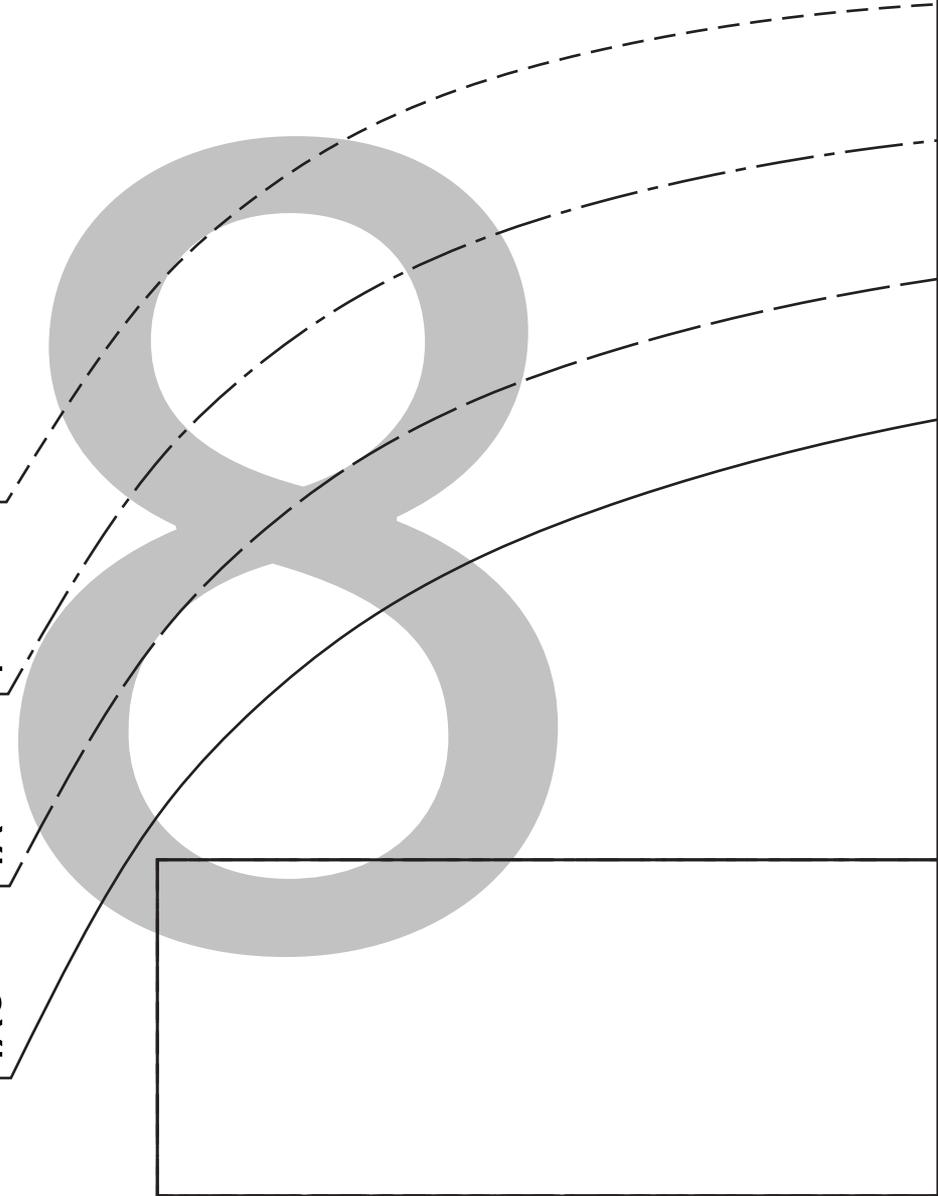
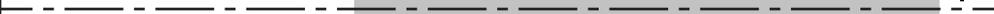


M

L

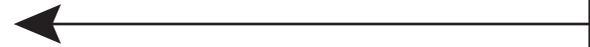
XL

2XL





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Gra

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CENTER FRONT - PLAC

Center
Front

ain of Fabric

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CE ON FOLD



Isolation Gown

5. GOWN OPTIONAL

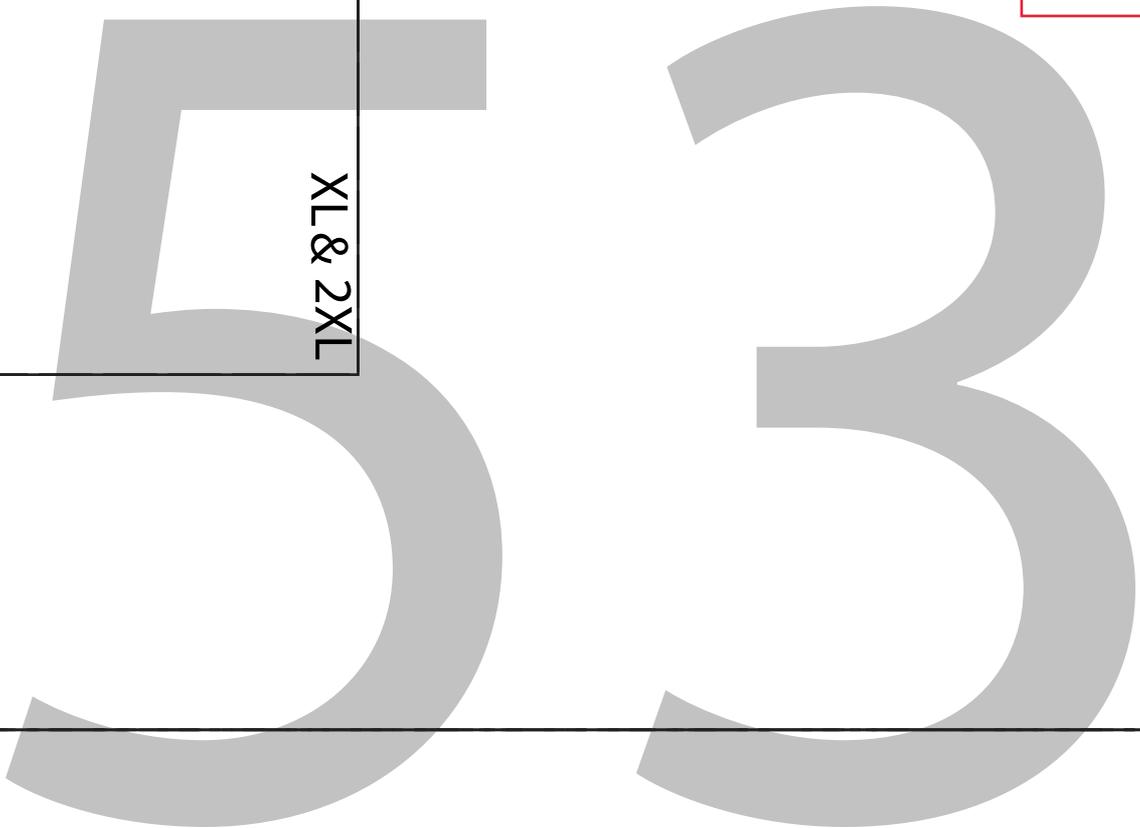
Cut 1 of Self Fabric

Seam Allowance Included

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M & L

XL & 2XL



NECK BINDING AND TIES

ALL SIZES

SEAM ALLOWANCES: 3/8" SEAM ALLOWANCE included, unless otherwise specified.

All seams are sewn with single needle lockstitch and seam edges should be finished with a serger or wide zig-zag stitch.

BINDINGS AND TIES: Fold strip in half lengthwise with wrong sides together and press. Open folded piece then fold outer edges to center crease, wrong sides together and press. Sew bindings as you would Double-Fold Bias Tape.

GOWN SEWING PROCEDURES

1. Join Loop Tape to right side of FRONT at placements marked.
2. Join FRONT to BACK, right sides together (**RST**), at shoulder seam. Repeat for other side.
3. Join Sleeve to armhole, RST, matching notch on sleeve to shoulder seam. Repeat for other sleeve.
4. Create sleeve elastic casing. Fold 1/4" to wrong side at bottom edge of sleeve, press. Fold another 3/4" to wrong side, press. Stitch close to folded edge to create a casing for elastic. Thread elastic through casing, secure on both ends. Repeat for other sleeve.

Elastic cut lengths: M = 7" L = 7 1/2" XL = 8" 2XL = 8 1/2"

5. Join front to back at side and sleeve seam, RST. Backstitch or bartack elastic at wrist to secure. Repeat for other side.
6. Construct ties. Join tie to right side of center back at notch. Repeat for other side.
7. Hem center back edge; 1" is allowed for 1/2" wide finished width double-fold hem. Repeat for other side.
8. Hem bottom edge, 1" is allowed for 1/2" wide finished width double-fold hem. Repeat for other side.
9. Join Neck binding to neck edge, matching notches at center front. Extend remainder of binding on each edge of center back neck for neck ties.
10. Double-fold ends of waist and neck ties and stitch.

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BIB SEWING PROCEDURES

1. Join Hook Tape to BIB at placements marked on wrong side of fabric.
2. Finish outer edges of BIB with serger or wide zig zag stitch. Fold outer edges 3/8" to wrong side; topstitch 1/4" from folded edge.

ARM GAITER SEWING PROCEDURES

1. Create sleeve elastic casing at narrow end (wrist). Fold 1/4" to wrong side at bottom edge of sleeve, press. Fold another 3/4" to wrong side at bottom edge of sleeve, press. Stitch close to folded edge to create casing for elastic. Thread elastic through casing. Secure elastic on both ends. Repeat for other sleeve.

Wrist Elastic cut lengths: M = 7" L = 7 1/2" XL = 8" 2XL = 8 1/2"

2. Create sleeve elastic casing at wide end (bicep). Fold 1/4" to wrong side at bottom edge of sleeve, press. Fold another 3/4" to wrong side at bottom edge of sleeve, press. Stitch close to folded edge to create casing for elastic. Thread elastic through casing. Secure elastic on both ends. Repeat for other sleeve.

Bicep Elastic cut lengths: M = 11 1/2" L = 12 1/2" XL = 13 1/2" 2XL = 14 1/2"

3. Fold gaiter lengthwise, RST, sew sleeve seam. Backstitch or bartack elastic at wrist and bicep to secure. Repeat for other sleeve.

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